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JSP0

Greetings

I wish to express my highest gratitude to all who dedicate so much effort on a daily basis to the enrichment and development of sport in every part of Japan.

Japn Sport Association (JSPO) adopted the corporate message of “You are the future sport” when changing its name to the Japan Sport Association on April 1st, 2018. While holding true to the conviction of our founding chairman, Jigoro Kano, that sport is a universal culture shared by all humanity based on the enjoyment of spontaneous physical activity, we have been taking a fresh look at the definition and core worth of sport in order to bring contemporary, 21st century sporting value to the population at large.

We have also declared our medium-term plan, the 2018 JSPO’s Vision for Sport. We are doing our utmost in accordance with the Declaration on Sport in Japan to realize this association’s social mission of promoting a fair society with rich social welfare provision, coexistence with the environment, and peace and friendship, engaging thereby in wide-ranging projects and activities based on the three visions of “Creating an environment where everyone has rich access to sporting culture,” “Promoting diversity in sporting opportunity,” “Promoting tie-ups and collaborations based around sport.”

Conversely, last year also witnessed many failings in the field of Japanese sport that infringed seriously on its core values, including doping issues, poor governance by some member associations, and cases of improper coaching.

The events of the past year have made me keenly aware of the pressing need to pool the wisdom of all engaged in the world of sport to put fundamental solutions in place.

Together with the Japan Sports Agency and Japan Sport Council, the three associations of the Japanese Olympic Committee (JOC), Japanese Para Sports Association, and JSPO have, therefore, joined forces and are preparing to survey the compliance of the governing sport associations under the “The Code of Governance for Sport Associations.” The entire sporting world is coming together in this effort to enhance integrity.

The Rugby World Cup Japan 2019, the first ever to be held in Asia, takes place across Japan from September this year. The momentum is rising, too, to ensure the success of the Tokyo Olympic and Paralympic Games, now only one year away.

Then, in 2021, we also have the World Masters Games 2021 Kansai. At the start of these three golden sporting years, we are entering a period of rising public expectations and interest in sport.

At this start, also, of Japan’s new Reiwa Era, construction by the JSPO and JOC of the JAPAN SPORT OLYMPIC SQUARE, the new base and longstanding dream of the Japanese sporting community, commenced this April on the historic Meiji Jingu Outer Precinct.

This large facility is being realized hand-in-hand with the JOC and will serve a landmark function for future connectivity, collaboration, and development in the world of sport. We shall make every effort to use it well and, seizing this opportunity, promote ever fuller understanding, guidance, and support for the sporting world.

President
Masatoshi Ito
Japan Sport Association



The Japan Sport Association's Aims

The JSPO issued “Declaration on Sport in Japan”, Sport Mission in the 21st Century in 2011, its centenary year, as a contemporary version of the inherited spirit of the Founding Statement bequeathed by our founding chairman, Jigoro Kano.

Declaration on Sport in Japan defines sport as a universally shared culture based on the enjoyment of free physical activity. It delineates three global issues that sport has to address as its new social mission for the 21st century:

Social Targets of Declaration on Sport in Japan

- To enrich people's lifestyles in fair communities with rich social welfare provision via expanding the happiness and benefit of living together as deepening bonds in the community.
- To realize people's diverse lifestyles according to each one's life stage through nurture of people's innate ability to empathize with others or the environment we live in and, maintaining and developing sustainable lifestyles in coexisting with the global environment.
- To build a society full of genuine peace and friendship through lifestyles rooted in the spirit of fair play based on respect for one's opponent, where all people can open themselves up honestly to others and accept others as they are.

The JSPO promotes action plans for the firm implementation of its visions and missions with the aim of giving all people richer access to sport:

The Japan Sport Association's Missions, Visions and Action Plans

Missions

Declaration on Sport in Japan (2011) (Sport Mission in the 21st Century)

The declaration delineates global issues that sport needs to address in the 21st century society.

The global challenges:

- Helping to generate community lifestyles based on fairness for all and rich social welfare provision
- Helping to generate lifestyles suited to the age of coexistence with the global environment
- Helping to build a world full of peace and friendship

Visions

The Japan Sport Association's Vision for Sport (2018) (The 5-year vision for the 2018-2022 fiscal years)

Based on the global challenges delineated in Declaration on Sport in Japan, this lays out further fundamental concepts for the implementation of activities. (See next page for further details)

Action Plans

Action plans adopted by member communities, and annual plans

Outline of the Japan Sport Association's Vision 2018

Approaches for Realizing Social Goals of Declaration on Sport in Japan

A fair society with rich social welfare provision / Coexistence with the environment / Peace and Friendship

Policy Goals

1 Creating an environment where everyone has rich access to sporting culture

- Providing an environment where everyone can engage with sport, regardless of race, nationality, disability, illness, age, sex, economic or other factors
- Expanding the playing populations and participation rates of sports through the development of policies for those in work, young parents, children, women and beginners
- Helping to realize an inclusive society through participation in sport by people with physical disabilities, and members of LGBT and other minority groups

2 Promoting diversity in sporting opportunity

- Creating the opportunities for people to take up sport for the first time through the diffusion of new sports
- Creating new sporting attractions and more diverse ways to engage with sport through tie-ups and collaborations with other business fields and use of the latest technologies
- In addition to raising competitive standards, providing diverse sporting opportunities for everyone from infants to the elderly whenever they want to play
- Support for sport volunteers

3 Promoting tie-ups and collaborations based around sport

- Looking beyond the world of sport to expand memberships and partnerships and help tackle social challenges
- Looking forward to Tokyo 2020 to invigorate interaction between sporting and non-sporting fields
- Reaching out through prefectural and municipal sports associations and tie-ups and collaborations with school sports
- Expanding the JSPO's international networks through international cooperation activities

Sport Promotion

Events

Providing people with venues for engaging with sport, including the National Sports Festival, Sports Masters Japan, sporting talent events, and international exchange and cooperation activities.

Club and local activities

Promoting ways to engage with sport in everyone's daily life, including nurturing Japan Junior Sport Clubs, fostering and supporting Comprehensive Community Sport Clubs, tie-ups and collaborations with school sports, and studies on new organizational structures for regional sport.

Sport management infrastructure

Expanding opportunities to engage with sport and support for qualitative improvements by supporting sport volunteers and women's and school sports, nurturing licensed sport instructors, researching sport medicine and science, enhancing sport information systems, promoting public relations activities, expanding sport markets, contributing to society etc.

Enhancing and reinforcing systems and structures

Enhancing and reinforcing internal structures, promoting tie-ups with external organizations, securing funding, acquiring subsidies, donations etc., establishing evaluation systems for operations, and disseminating the above to sport associations.

Sport Promotion by the Japan Sport Association

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Events

Holding the National Sports Festival

The National Sports Festival, started in the Keihanshin region in the Kyoto-Osaka-Kobe region, mainly in Kyoto in 1946, is Japan's largest comprehensive domestic sporting event. Today, it is an important event designated under the Basic Act on Sport and co-hosted by the nation, the JSPO, and the host prefecture.

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Events

Discovering and Nurturing Sporting Talent

The Japan Rising Star Project (J-Star Project) was launched in 2017. The program is designed to pick up local sporting talent and potential future medalists.

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Events

Holding the Sports Masters Japan

Launched in 2001, this is Japan's only domestic comprehensive sports meet for middle-age and senior athletes. It is an event for enriching people's lives in society where the participants can have fun competing against each other.

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Events

International Exchange through Sports

JSPO cooperate with international sporting organizations to realize the global rallying cry of "Sport for All." Exchanges take place with various countries, such as Korea, China and Germany, with the aim of nurturing international friendships through sport.

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Events

Wide-ranging Sporting Events

Special events are held on the National Sport Day, a national holiday, and other occasions for everyone to be able to engage with sport in their community and participate in sporting culture.

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Club and Local Activities

Fostering of Junior Sport Clubs

Founded in 1962 to establish organizations within the community for nurturing healthy young bodies and minds, Japan's largest children's and youth sports association now has about 870,000 registered members. In addition to nurturing clubs in each sport, it also organizes national sports events, international exchanges, and various other activities..

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Club and Local Activities

Fostering Comprehensive Community Sport Clubs

Taking the building of rich local communities based on sport as the core concept for nurturing these clubs, some 2,800 clubs nationwide are now linked and being nurtured and supported as members of the nationwide comprehensive community sport clubs council, the Nationwide SC Network.

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Sport Management Infrastructure

Fostering of Sports Instructors

We are nurturing the trainers to support people's sporting activities. Seeking to provide appropriate guidance according to each person's age, physical strength and skill level, the knowledge of sports medicine and science and advanced coaching techniques are taught through training sessions etc.

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Sport Management Infrastructure

Sport Medicine and Science Research

Research projects based on the perspectives of sports medicine and science are being conducted so that everyone from children to the elderly can enjoy sport safely and with full peace of mind. There are surveys related to health and the building of physical strength, practical studies for nurturing junior athletes and others, and surveys also on ways to encourage a wider range of people to participate in sport. The results are published and disseminated as feedback to the people on the ground.

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Sport Management Infrastructure

Awards and Honors

Outstanding contributions to sporting development are recognized by a broad range of awards and honors in various categories, including services to the development of the National Sport Festival, nurturing of the Junior sport clubs, long-standing personal achievement in sport, instruction, and the furtherance of sports medicine and science.

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Sport Management Infrastructure

Public Relations / Enhancing Sport Information Systems

The JSPO's structure and activities are introduced on the official website and also through this pamphlet, newsletters and other publications. Information is disseminated actively not only to member associations, licensed sport instructors and others but also to the general public.

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Sport Management Infrastructure

Fair Play Campaign for a Vibrant Japan

The Fair Play Campaign for a vibrant Japan has been organized to disseminate the spirit of Fair Play, the core sporting value, as one of our activities for building peace and friendship in Japan and the world.



Holding the National Sports Festival

The competition for representatives of each prefecture

Japan's largest and most prestigious domestic comprehensive sports festival

The National Sports Festival (Kokutai) was founded in 1946 to give hope and courage to people, especially the young, through sport. The first meet was held in the Keihanshin (Kyoto, Osaka and Kobe) region and ever since the event has been hosted by a different prefecture each year. This is Japan's biggest and most prestigious domestic sports festival. The Sports Festival is held with the goals of

disseminating sporting activity widely, spreading the sporting spirit, improving the physical health and strength of the people, promoting regional sport, contributing to the development of local culture, and enriching the national lifestyle.

The Sports Festival has grown and developed and started its second circuit of all the prefectures of Japan in 1988 but has also had to adapt to new trends in the world of

sport. Seeking to spread new awareness of the meet's significance and value, and make the event still more fulfilling for the athletes themselves, concepts for the future of the event were compiled in "The National Sports Festival in the 21st Century – Promoting the Kokutai Movement" (March, 2013). Work is now advancing actively in every field to give tangible shape to the concepts.



The National Sports Festival (Summer/Fall Competition)

The 73rd National Sports Festival (Summer and Autumn competition) returned to Fukui Prefecture after a gap of 50 years since the 23rd meet in 1968. The schedules of some events had to be shortened due to the influence of a typhoon but the opening and closing ceremonies and all events were successfully completed within the schedule thanks to the enormous efforts of the local people at each venue and fine preparations by the organizing staff. Their Majesties the Emperor and Empress graced the main opening ceremony at the Fukui Prefectural Athletics Stadium in Fukui City with their presence and the people of Fukui Prefecture gave the athletes their full support under the slogan of “Singing a Paeon to the Athletes.” It was a truly moving, joyful and invigorating opening ceremony.

Many top-class athletes competed in the events, including not only Ryota Yamagata (athletics) but also such local Fukui favorites such as Akane Yamaguchi (badminton) and Kenta Tokunan (fencing), producing much high excitement and fierce competition at the venues.

For the approach of the 2020 Tokyo Olympic Games, the meet again added 7 new disciplines in 7 events, the same as at the 72nd meet in Ehime. (Further details on P7, “2020 Olympic Preparations at the National Sports Festival.”)

The power of the host prefecture, Fukui, was on full display as it won the overall competition in both the combined men's and women's and the women's categories on a points-based system covering all 40 official events, including those of The National Sports Festival Winter Games.

Their Imperial Highnesses Prince and Princess Akishino were present at the overall

closing ceremony at the Fukui Prefectural Athletics Stadium. Prince Akishino presented the Emperor's Cup and Princess Akishino, the Empress's Cup, both to Fukui Prefecture. At the very finish, Fukui Prefecture passed on the National Sports Festival banner to the host of the 74th meet, Ibaraki Prefecture, bringing the 73rd Sports Festivals to a close in an atmosphere charged with emotion and gratitude.



73rd National Sports Festival

Emperor's Cup (Combined men's and women's overall champion)			Empress's Cup (Women's overall champion)		
Position	Prefecture	Points	Position	Prefecture	Points
1	Fukui	2896	1	Fukui	1462.5
2	Tokyo	2246	2	Tokyo	1280.5
3	Osaka	1880	3	Osaka	1046
4	Saitama	1825.5	4	Aichi	1007
5	Chiba	1708.5	5	Saitama	957.5
6	Aichi	1687.5	6	Kanagawa	884
7	Kanagawa	1611	7	Chiba	830
8	Fukuoka	1468	8	Fukuoka	815
9	Hokkaido	1407.25	9	Hyogo	814
10	Hyogo	1312.5	10	Ehime	763
11	Okayama	1288.5	11	Nagano	731.5
12	Ehime	1235	12	Okayama	707.5
13	Nagano	1233.5	13	Shizuoka	698
14	Gifu	1232.5	14	Ibaraki	689.5
15	Kyoto	1156	15	Hokkaido	666.25
16	Ibaraki	1120	16	Kagoshima	647
17	Kagoshima	1041	17	Gifu	646
18	Hiroshima	1033.75	18	Hiroshima	637.75
19	Shizuoka	1033.5	19	Kyoto	613
20	Mie	995.5	20	Mie	600
21	Oita	974.5	21	Gunma	591.5
22	Toyama	966.5	22	Ishikawa	581.5
23	Ishikawa	956	23	Yamagata	575.25
24	Iwate	939.5	24	Toyama	558
25	Nara	919	25	Iwate	555.5
26	Kumamoto	915.5	26	Tochigi	538.5
27	Wakayama	912.5	27	Kumamoto	537.5
28	Tochigi	875.5	28	Kagawa	526
29	Kagawa	859.5	29	Oita	523.5
30	Miyagi	859	30	Nara	520.5
31	Shiga	854.5	31	Yamaguchi	504.5
32	Gunma	846	32	Saga	504
33	Saga	826.5	33	Yamanashi	486.5
34	Yamagata	817.25	34	Nagasaki	485
35	Yamaguchi	813	35	Shiga	471.5
36	Yamanashi	803	36	Miyagi	466
37	Niigata	792.5	36	Wakayama	466
38	Akita	787.5	38	Tottori	459.5
39	Miyazaki	780.5	39	Akita	450
40	Tottori	751	40	Miyazaki	439.5
41	Nagasaki	725	41	Niigata	439
42	Aomori	692.5	42	Okinawa	430
43	Okinawa	655.5	43	Aomori	423
44	Fukushima	654	44	Tokushima	415.5
45	Tokushima	607.5	45	Fukushima	412
46	Shimane	533	46	Shimane	388.5
47	Kochi	506.75	47	Kochi	328.75

73rd National Sports Festival

- Fukui Prefecture (19 municipalities, including 2 outside the prefecture)
- Sat. 29th September – Tues. 9th October, 2019 (11 days)
* Cycling: Tues. 25th – Sat. 29th September
- 4 other events, including swimming: Sun. 9th – Mon. 17th September
- Official events: 37 events + 1 special event
- Participants: 23,035 (21,866 athletes and coaches + 1,169 organizing staff)
- Exhibition events: 4 events / 2,226 participants (athletes and coaches only)
- Demonstration sports: 36 sports / 18,704 participants (including staff and spectators)

● Title : “Fukui Shiawase Genki Kokutai”

福井しあわせ元気国体

“Shiawase” expressed the lush natural greenery, and “Genki”, the vigor, of Fukui Prefecture to convey a message of power and vitality. The “し” character of Shiawase (しあわせ/Happiness) was designed to look like a dinosaur tail.

● Slogan : Let's All Weave the Power, Skill and Beauty

織りなそう 力と技と美しさ

The slogan, based on Fukui Prefecture's traditional textile industry, expressed the idea of weaving the warp and weft of the athletes' power, skill and beauty to produce the finest competition. It placed the people of Fukui Prefecture at the heart of the meet as participants, spectators and supporters to enhance people's ties with each other and share the emotion.



● Mascot : “Happy-Ryu”

Happy-Ryu is a friendly dinosaur (ryu) representing Fukui as the prefecture with the highest happiness rating in Japan, a healthy population with remarkable longevity, and famous dinosaur fossils.



You, too,
can be a part of
the National
Sports Festival

Do you want to participate in the National Sports Festival as an athlete, coach, member of the organizing staff or spectator? Please visit the JSPF website for details. The website also includes outlines of past and plans for future meets, and the results of past events. Try searching for the record of a famous athlete!

JSPF website (National Sports Festival page) →





National Sports Festival Winter Games

All three events of the Sports Festival Winter Games, the first stage of the 74th National Sports Festival, took place in Hokkaido. This was Hokkaido's 26th time overall and first in nine years since 2010 to host Kokutai competitions. The athletes produced sparkling performances at every venue.

On the skating rink, the winners included such top-class Hokkaido athletes as Torai Ishikawa (500m) and Shota Nakamura (5,000m) to the great excitement of the crowd.

Nagano Prefecture came top in the skating in both the men's and women's combined (Emperor's Cup points) and women's (Empress's Cup points) categories for the fourth straight year.

In ice hockey, Hokkaido won both the men's and boys' categories to secure its fifth consecutive and 34th overall championship.

Hokkaido athletes also won the giant slalom (boys and girls) and cross country (boys) disciplines in the skiing, making it a

great occasion for the host community.

In the skiing, Hokkaido finished top of the men's and women's combined results for the first time in three years and 58th time overall. Nagano took first place in the women's category for the second year in a row and sixteenth time overall.

The 75th Sports Festival Winter Games in 2020 will be split between Aomori Prefecture for the skating and ice hockey and Toyama Prefecture for the skiing.



The 74th National Sports Festival Winter Games

- Skating and ice hockey: Kushiro City, Hokkaido
Wed. 30th January – Sun. 3rd February, 2019 (5 days)
- Skiing: Sapporo City, Hokkaido
Thurs. 14th – Sun. 17th February, 2019 (4 days)
- Participants: 1,740 (1,423 athletes and coaches and 317 organizing staff) in the skating and ice hockey; 1,814 (1,464 athletes and coaches and 350 organizing staff) in the skiing

● Symbol



● Title : Irankarapte * Kushiro Hokkaido Kokutai *
"Hello" in the Ainu language

イランカラapteくしろさっぽろ国体

● Slogan : Carving dreams in northland snow and ice

北国の 雪と氷に 刻む夢



2020 Olympic Preparations at the National Sports Festival

With the awarding of the 2020 Olympic and Paralympic Games to Tokyo in 2013, the JSPO laid down its 2020 Olympic Policies and Action Plan for the National Sports Festival in June, 2014, based on “The National Sports Festival in the 21st Century – Promoting the Kokutai Movement”, to work for the success of the games with the focus on discovering, nurturing and strengthening boy and girl athletes in each event.

The action plan consisted of selecting Olympic events and disciplines not yet included at the National Sports Festival for inclusion as new official events and, with



New Official Disciplines at the 73rd National Sports Festival (Fukui)

Event	Discipline etc.	Category	Participation/Athletes		
			Participating Prefectures	Athletes	Participation rate
Swimming	Open water swimming	Male (Boys and men combined)	44	44	93.6%
		Female (Girls and women combined)	45	45	95.7%
Boxing	Flyweight	Women's	12	12	75.0%
Volleyball	Beach volleyball	Male (Boys and men combined)	16	32	100.0%
		Female (Girls and women combined)	16	32	100.0%
Wrestling	Freestyle (53kg)	Female (Girls and women combined)	44	44	93.6%
Weightlifting	Snatch, clean and jerk (53kg and 63kg classes)	Female (Girls and women combined)	26	48	100.0%
Cycling	(Track) Keirin, individual scratch, team sprint (two-member/team)	Female (Girls and women combined)	45	83	88.3%
Rugby Football	Sevens	Female (Girls and women combined)	10	100	100.0%

Participation rate: Athletes/Places available

the agreement of host prefectures, adding them from the 71st Sports Festival. Seven

new disciplines in 7 events were added at each of the 72nd and 73rd Sports Festival.

New sports/disciplines targeted for introduction

(Those introduced at the 73rd National Sports Festival underlined):

Swimming: Water polo (Female) and open water swimming (Male and Female) / Boxing (Women's) / Volleyball: Beach volleyball (Male and Female) / Gymnastics: Trampoline / Wrestling (Female) / Weightlifting (Female) / Cycling: Track (Female), road (Female) / Rugby football: Sevens (Female).

Anti-doping Activity

The National Sports Festival coordinates with the Japan Anti-Doping Agency and other bodies in implementing anti-doping activities (doping tests and providing anti-doping education, information and other

awareness activities) to enhance health management for athletes and the significance and value of Japan's biggest comprehensive sports meet from the perspective of Fair Play.

In the 2018 fiscal year, doping tests were performed 194 samples (192 individuals,

including the Winter Games). Anti-doping education, the dissemination of information, and awareness activities were conducted by means of an outreach program using booths set up at the opening ceremony and competition venues.



The World-class Athletes of the Future

The Japan Rising Star Project

J-STAR PROJECT



The Nationwide Project for Discovering High-potential Athletes

The Second Basic Sports Plan of March, 2017 and the government's Policies for Enhancing Sporting Competitiveness (the Suzuki Plan) promulgated in October, 2016, both place high importance on the discovery of promising young athletes. Making use of its nationwide network of regional contacts centered on Prefectural Amateur Sports Associations, the JSPO launched the



Strategic support for athletes' pathways (Utilizing regional networks to nurture young athletes)

JAPAN RISING STAR PROJECT (J-STAR PROJECT) for this purpose in the 2017 fiscal year (FY2017) on behalf of the Japan Sport Council (JSC) as one of its activities for enhancing competitiveness.

This project to enhance Japan's international sporting competitiveness is being implemented in close coordination and cooperation with the Japan Sports Agency, JSC, Japanese Olympic Committee (JOC), and Japanese Para Sports Association's Japanese Paralympic Committee (JPC), and is planned to continue beyond the 2020 Tokyo Olympic and Paralympic Games, building and maintaining sustainable pathways to nurture everyone from prospective local sporting talent and athletes to those with the latent ability to become future medalists. In FY2018, training camps with world-class coaches were organized across Japan to discover new talent with particular



sports based in designated prefectures. Promising future Olympic and Paralympic athletes discovered by these means are being inducted into the training courses provided by National Sports Federations in each sport.

Discovering, Redirecting and Nurturing Talent for Olympic Disciplines

The project consists of the two phase of discovery and verification. With the JOC's cooperation and certain functions entrusted to Prefectural Amateur Sports Associations, the work is continuing for the designated sports at the prefectural bases established in FY2017.

In FY2018, the verification phase for first crop of promising athletes discovered in FY2017 was continued and those whose potential was confirmed were inducted into

the National Sports Federations' nurturing programs. The discovery phase for the second crop was conducted with physical tests etc. for junior and senior high school boys and girls aged 12 to 17 as of 1st April, 2018, and promising second year candidates discovered this way entered the verification phase at camps etc.

In FY2019, the verification phase for the second crop continues to the end of October and, together with sending on promising athletes from this phase to the nurturing programs of National Sports Federations, the discovery and verification phases for the third crop will also be implemented.

Paralympic Events- Discovering and Nurturing Athletes with Disabilities

This project consisting of the two phases of discovery and verification is also being implemented with the JPC's cooperation and certain functions entrusted to Prefectural Amateur Sports Associations, and the work continues for the designated sports at the prefectural bases established in FY2017. In FY2018, the verification phase for first crop of promising athletes discovered in FY2017 continued and those whose potential was confirmed were inducted into the

National Sports Federations' nurturing programs. The discovery phase for the second crop was conducted with physical tests etc. for junior and senior high school boys and girls aged 12 to 17 as of 1st April, 2018, and promising second year candidates discovered this way entered the verification phase at camps etc.

In FY2019, the verification phase for the second crop continues to the end of October and, together with sending on promising athletes from this phase to the nurturing programs of National Sports Federations, the discovery and verification phases for the third crop will also be implemented.

Flow of the J-Star Project

Stage One Application/Web Registration

Applications from candidates who satisfy the conditions (nationwide) / Screening and selection of candidates to advance to Stage Two (Physical Tests)

Stage Two Physical Tests

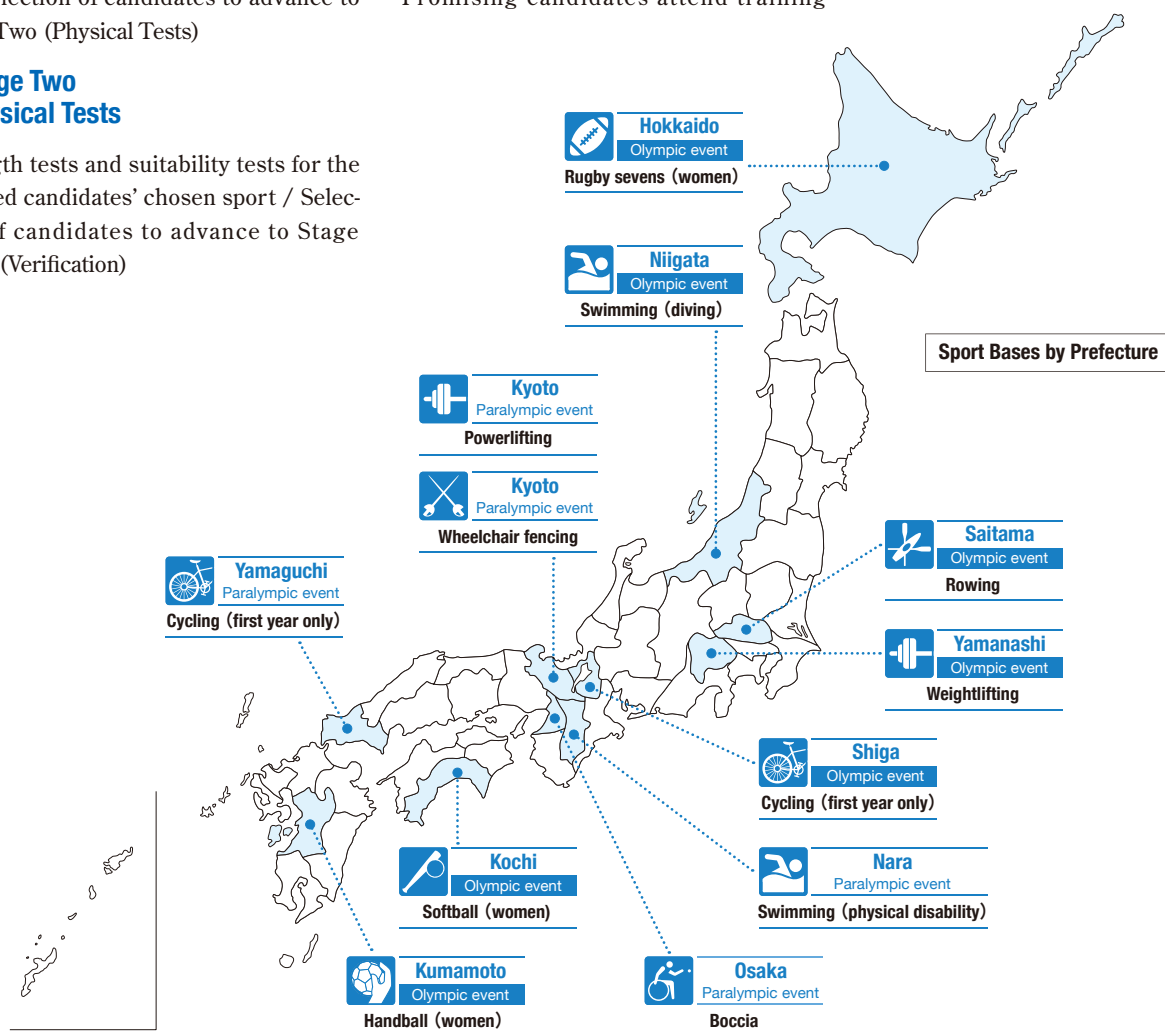
Strength tests and suitability tests for the selected candidates' chosen sport / Selection of candidates to advance to Stage Three (Verification)

Stage Three Verification / Camps / Training

●Base Camps Hosted in Designated Prefectures

Promising candidates attend training

sessions and camps at the base prefecture for their sport / Verification process takes about 1 year / Decision on referral to National Sports Federations made during this period



➡ To nurturing and strengthening courses of National Sports Federations



The National Championships for Lifelong Athletes

Sports Masters Japan



Sports Masters Japan was launched in 2001 as Japan's first and only comprehensive sports meet for competitive senior athletes (aged 35 and over).

The aims are to promote sporting activity, build a more richly fulfilling society for all, and help maintain and nurture health in both body and mind through direct engagement with sport and mutual competition rooted in the spirit of Fair Play.

The Sports Masters Japan 2018 Sapporo was originally scheduled to be held as the eighteenth meet in the series at 28 venues in the three cities of Sapporo, Ebetsu and Ishikari but 12 sports (excluding the swimming) and all related ceremonies had to be cancelled due to the 2018 Hokkaido Eastern Iburi Earthquake that struck early on the morning of 6th September, 2018. Some venues suffered heavy damage and others were converted for use as evacuation centers.

The swimming was held in advance of the main meet. 812 swimmers and coaches participated from across Japan, the third largest number ever, setting seven new Japan masters' records and 45 new tourna-

ment records. Together with the intense competition, the participants also had opportunities for social exchanges. It was

widely agreed that the meet had achieved its goal of disseminating and promoting lifelong sport.

Participants: 812 (Athletes and coaches)

Sport	Men	Women	Total
Swimming	500	312	812

Participants registered for the cancelled events: 6,791 (Athletes and coaches)

Sports	Men	Women	Total
Football	320	—	320
Tennis	136	131	267
Volleyball	922	563	1,485
Basketball	699	338	1,037
Cycling	86	10	96
Softball tennis	148	138	286
Rubber baseball	588	—	588
Softball	703	414	1,117
Badminton	136	145	281
Karate	433	159	592
Pin bowling	126	115	241
Golf	144	142	286
Korean team (*1)	111	84	195
Total	4,552	2,239	6,791

*1 Including management staff

The Sports Masters Japan 2019 Gifu Seiryu

The Gifu Seiryu meet, the nineteenth in the series, will be held at 30 venues in 13 municipalities, including Gifu City, from 20th-24th September, 2019. The swimming will take place from 31st August to 1st September; karate from 14th-16th September; and golf from 11th-13th September. (13 events in total)

Sports Masters Japan Strategic Plan for 2018-22

The Sports Masters Japan Strategy 2018-22 was adopted in July, 2018, to tackle the three global challenges laid out in the Declaration on Sport in Japan, namely a fair society with rich social welfare provision, coexistence with the environment, and peace and friendship, and implement the JSPO's fundamental concepts and concrete action plans as described in the Outline of the Japan Sport Association's Vision 2018. The strategy aims to disseminate, improve and develop the meet still further, first by examining the problems it faces and then seeking solutions in close collaboration with everyone involved, including the host municipalities and governing sports associations. The strategic plan can be viewed on the JSPO website.



Sports Masters Japan Hosts

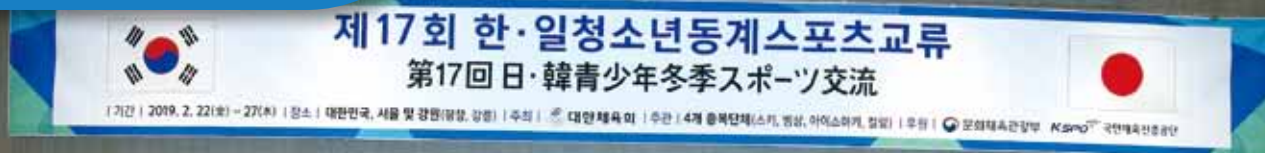
Order	Year	Host Prefecture and City	No. of sports	Participants (Athletes & Coaches)
1	2001	Miyazaki	12	5,354
2	2002	Kanagawa	13	6,063
3	2003	Wakayama	13	5,863
4	2004	Fukushima	12	5,817
5	2005	Toyama	12	6,154
6	2006	Hiroshima	13	6,658
7	2007	Shiga	13	7,308
8	2008	Kochi	13	7,347
9	2009	Shizuoka	13	7,644
10	2010	Mie	13	7,703
11	2011	Ishikawa	13	7,850
12	2012	Kochi	13	7,904
13	2013	Kitakyushu	13	7,670
14	2014	Saitama	13	8,265
15	2015	Ishikawa	13	8,106
16	2016	Akita	13	7,538
17	2017	Hyogo	13	8,957

Sports Masters Japan 2018 Sapporo

- **Swimming** Sat. 1st – Sun. 2nd September, 2018
- **Cancelled Sports** Football Tennis Volleyball Basketball Cycling Softball tennis Softball baseball Softball Badminton Karate Pin bowling Golf (12 events)
- **Organizers** Japan Sport Association, Sapporo City, Sapporo Sports Association, Hokkaido Prefecture, Hokkaido Sport Association
- **Support** Japan Sports Agency, Japanese Olympic Committee, NHK, Kyodo News
- **Additional backing** JKA Foundation
- **Official Sponsors** ASICS Japan Corporation, Tobu Top Tours Co., Ltd., Mizuno Corporation
- **Official Supplier** CERESPO Co., Ltd.

Although the Sports Masters Japan 2018 Sapporo meet had to be cancelled except for the swimming, the meet's costs were borne by the JKA Foundation, corporate contributions, participation fees and burden-sharing by the JSPO. Special thanks are due to the JKA Foundation and cooperating corporations for their generous support and understanding of the meet's significance and goals.





International exchange and cooperation to nurture our mutual sporting culture

Sharing the Wonders of Sport Across Frontiers

We engage in sporting exchanges chiefly with Korea and China, and international sporting cooperation with ASEAN countries, to share our common sporting culture with the people of Asia and the world in the spirit of Fair Play and contribute to global peace and friendship. We shall continue to place high priority on international exchange and cooperation activities so that the people of Japan and the world can enjoy sports whenever they want and wherever they happen to be.

The 2018-22 International Exchange and Cooperation Plan

The 2018-22 International Exchange and Cooperation Plan was promulgated in July, 2018, with the aim of helping to build a

world full of peace and friendship, which was one of the mission statements of the Declaration on Sport in Japan, and as an action plan to achieve the goals of the Japan Sport Association's Vision 2018 both at home and abroad. The full text can be viewed on the JSPO website.

Japan-Korea Sports Exchange Program

Annual, wide-ranging sporting exchanges with Korea were started in 1997 with the approach of the co-hosted 2002 FIFA World Cup Korea/Japan with the aims of deepening goodwill and friendship between the two countries and promoting further sporting development. The JSPO currently cooperates with the Korean Sport & Olympic Committee in the fields of youth (summer and winter) and adult exchange programs.



22nd Youth Summer Sports Exchange (Dispatch and Reception)		
Japanese delegation to Korea	Period	Mon. 13th – Sun. 19th August, 2018
	Place	Daegu City, Korea
	Sports/Athlete	5 Sports/216 Athletes (Elementary and junior high school children from Saga and Kyoto Prefectures and instructors)
Korean delegation to Japan	Period	Thurs. 16th – Wed. 22nd August, 2018
	Place	Saga Prefecture
	Sports/Athlete	5 Sports/215 Athletes (Korean primary and middle school children and instructors)

17th Youth Winter Sports Exchange (Dispatch and Reception)		
Japanese delegation to Korea	Period	Fri. 22nd – Wed. 27th February, 2019
	Place	Seoul City and Gangwon-do, Korea
	Sports/Athlete	4 Sports/157 Athletes (Junior high school children from Nagano Prefecture and instructors)
Korean delegation to Japan	Period	Mon. 7th – Sat. 12nd January, 2019
	Place	Nagano Prefecture
	Sports/Athlete	4 Sports/153 Athletes (Korean middle school children and instructors)

22nd Adult Sports Exchange (Dispatch and Reception)

Japanese delegation to Korea	Period	Thurs. 10th – Wed. 16th May, 2018
	Place	Chungcheongnam-do, Korea
	Sports/Athlete	10 Sports/186 Athletes (Men and women from Hokkaido and Gifu Prefectures)
Korean delegation to Japan	Period	Fri. 23rd – Mon. 26th November, 2018
	Place	Hokkaido
	Sports/Athlete	6 Sports/119 Athletes (Men and women from Korea)

* Korean athletes have participated in the Sports Masters Japan since 2012. Cancellation of Sports Masters Japan 2018 Sapporo due to the 2018 Hokkaido Eastern Iburi Earthquake led to the postponement of reception of the Korean delegation and the exchange activity took place in only a limited number of sports.

Japan-China Sports Exchange Program

The sporting exchanges with China commenced in 1999 with the goals of furthering mutual goodwill and friendship and disseminating and promoting sport in both countries. The JSPO cooperates with the All China Sports Federation in the fields of exchanges between adult sportsmen and women of both countries, and of youth sport instructors and young athletes (see P.16-17).

2018 Japan-China Sports Exchange Program (Dispatch and Reception)

Japanese delegation to China	Period	Fri. 8th – Tues. 12th June, 2018
	Place	Xi'an City, Shaanxi Province, China
	Sports/Athlete	4 Sports/61 Athletes (Men and women from Shizuoka Prefecture)
Chinese delegation to Japan	Period	Mon. 26th – Fri. 30th November, 2018
	Place	Shizuoka Prefecture
	Sports/Athlete	4 Sports/61 Athletes (Men and women aged 35-65 from China)



The Japan-Korea-China Junior Sports Exchange Meet

The Japan-Korea-China Junior sports Exchange Meet has switched between Japan, Korea and China since 1993 as a tournament for promoting sporting exchange between the three countries, fostering mutual understanding and enhancing international sporting competitiveness. Four teams take part, representing Japan, Korea, China and the host region, in this rare, international multi-sport tournament for students of senior high school age. The 28th, 2020 tournament will be hosted in Akita Prefecture.

26th Japan-Korea-China Junior Sports Exchange Meet

Period	Thurs. 23rd – Wed. 29th August, 2018
Place	Yeosu City, Jeollanam-do, Korea
Sports/Athlete	11 Sports/951 Athletes (Total number of mission members from Japan, Korea, China and Yeosu City)

Regional Exchange Program with Korea, China and Russia

Regional sporting exchanges for promoting ties with Korea, China and Russia have been organized on the occasions of the decision to co-host the FIFA World Cup Korea/Japan in 2002; the designation by the Japanese and Chinese governments of 2007 as the Year of Japan-China Cultural and Sporting Exchange; and the Year of Japan in Russia in 2016.

Regional Exchanges Program (Entrusted to Prefectural Sport Associations)

Country	Program in overseas		Program in Japan	
Korea	4 programs	64 people	5 programs	81 people
China	3 programs	56 people	1 programs	10 people
Russia	3 programs	58 people	1 programs	7 people

* Figures on the column show the number of people subjected to be subsidized.



Contributions to Sport Promotion in ASEAN

This project is aiming at contributing to promote Sports for all in ASEAN countries and help to enhance and develop the sport environment in all Asia region by providing JSPO know-how on Sports for all with consideration of their needs.

Based on the result of survey on the sports environment in ASEAN countries, JSPO have made the plan to cooperate with Thailand by using and introducing an exercise program called Active Child Program (ACP) which JSPO are now promoting in Japan and held ACP seminar and workshop in Thailand in fiscal 2018.



Cooperation with The Association for International Sport for All

The JSPO supports The Association for International Sport for All (TAFISA) activities as TAFISA-JAPAN, which consists of the JSPO and three Japanese domestic lifelong sport organizations. The 26th TAFISA World Congress will be convened in Tokyo in November, 2019.

Cooperation with Sport for Tomorrow

All of the JSPO's international exchange activities are implemented as Sport for Tomorrow (SFT) certified projects. The JSPO also participates as an organizing member of the SFTC Consortium and extends active cooperation to SFT.

* Sport for Tomorrow is a program which the Government of Japan promotes to contribute to the international community through sport. The program aims at sharing the values of sport and Olympic and Paralympic movement with more than 10 million people of all generations in over 100 countries.



Laying the Sporting Foundations for a Rich and Healthy Future

Making it Easy to Participate in Sport

Sport is a wonderful part of our shared human culture. Sport not only strengthens the body and enhances health but also benefits the spirit, releasing everyday stress through the exhilaration, sense of achievement, intellectual fulfilment, and connectedness it produces.

With ever more people now looking for inner tranquility and more fulfilling lifestyles, the importance of enjoying sport will surely only continue to grow. The dissemination of lifelong sport, especially, is highly significant for the creation of fulfilling lifestyles and a vigorous society. We are pushing forward to create a sporting environment in which it is easy for everyone to take pleasure in sport.



The National Conference on Lifelong Sport and Physical Health

The Japanese people's interest in sport is rising with the approach of the 2020 Tokyo Olympic and Paralympic Games, Rugby World Cup Japan 2019, World Masters Games 2021 Kansai, and other big sporting tournaments.

The Japan Sports Agency's 2nd Sport Basic Plan of March, 2017, targeted the creation of "The 100 million Sport Society," seeking to increase participation in sport, promote new initiatives by related sports organizations, and encourage closer and more effective organizational links and collaborations between different sectors.

The Japan Sports Agency, JSPO and other organizations in every field have formed the National Conference on Lifelong Sport and Physical Health as a place to come together under a single roof and, through research and discussions, consider future sport policy and ways to realize this vision of the sporting nation.

In the 2018 fiscal year, the conference met in Tokushima Prefecture on 1st February, 2019, to address the theme of "Aiming for Sport in Life – What we Can Do." 628 delegates participated.



Central Sports Day Events

The JSPO, Japan Sports Agency, Japan Sport Council, Japanese Olympic Committee, National Recreation Association of Japan and other groups organized the Sports Festival 2018 as a central celebration of sport at the Japan Institute of Sports Sciences (JISS), Ajinomoto National Training Center (NTC) and other venues for the Sports Day, national holiday, on 8th October, 2018.

The day was cloudy but a grand total of 17,000 elementary school children, parents and guardians, ordinary citizens etc. participated.

The morning program included jogging and a sports meet with athletes, new physical tests, and the Kids' Sports Science Land. These were followed in the afternoon by sports clinics laid on by the different sport associations, and the athlete's diet experience for parents and children. Many top athletes, including Olympians and Paralympians, joined in the activities, giving the children the opportunity to interact and run and jump together with them, all making for an unforgettable encounter with the joys of sport.

The JSPO's Active Child Program was

implemented twice, once in the morning and once in the afternoon. 192 parents and children in 96 groups participated in both traditional games such as long-rope skipping and freeze tag, together with other forms of athletic play.



The JSPO also set up PR booths at the venues to introduce the Fair Play Campaign for Japanese Society. The attractions there included a quoits corner and the Fair Play Declaration corner. 737 people made the declaration.



Raising Healthy Bodies and Minds – The Ever Rising Significance of Junior Sport Clubs



Bringing the Joy of Sport to Every Possible Child

The system of junior sport clubs was founded in 1962 with the aims of bringing the joys of sport to every possible child and establishing systems in local society to raising healthy young bodies and minds. The further goal of building stronger communities by connecting people through sport was added in 2009. As of the end of the 2018 fiscal year, Japan had 31,863 junior sport clubs nationwide involving 864,303 members, instructors and others.

With sports such as baseball, kendo, football and volleyball at the core, these clubs also engage in camping, hiking and other outdoor activities, plus cultural activities, including painting, choral singing and the local performing arts of their region, and participate in community projects and events and voluntary and other social activities. Emphasis is placed especially on these social aspects of their activities as highly significant experiences for nurturing good citizenship.

Structure and Activities of the Japan Junior Sport Clubs Association

The Japan Junior Sport Clubs Association (JJSA) has been established within the JSPO. The junior sport clubs of each spe-

cific sport across Japan form the base, with prefectural and municipal junior sport clubs above them, making this the country's biggest junior sport organization.

The association coordinates and cooperates closely with the prefectural and municipal junior sport clubs to provide full back-up



Publications of the Japan Junior Sport Clubs Association

PUBLICATIONS

The Japan Junior Sport Clubs Association produces various printed materials to publicize the activities of junior sport clubs as widely as possible. The leaflet informs other members of society about what the junior sport clubs do, seeks to engage with children and guardians who are not yet involved, and encourages people to join in. A guidebook explains the organization and its activities. A manual for use at the municipal and prefectural levels explains how to secure venues for activities and produce new leaders. These can all be downloaded from the JSPO website.



Leaflet
Sport is a Friend for Life



The Junior Sport Clubs Guidebook
What is a Junior Sport Club?



The Junior Sport Clubs
Leadership Manual

for the activities of junior sport clubs in each specific sport and their members. Concretely, its duties include nurturing and training instructors in each category, nurturing and training junior and senior leaders, national and regional youth programs and friendship tournaments in each sport, international junior sport exchange activities with Germany, China etc., and the full range of public relations activities, publications etc.

Promoting the Active Child Program for Infants

The junior sport clubs provide exercise-through-play programs for infants in order to help them experience the joys of physical activity, acquire the various foundational physical skills of sport, and be equipped to live life to the full in the future. The Active Child Program (ACP) for infants and guardians was launched in the 2015 fiscal year and is being disseminated through training seminars. The junior sport clubs will continue to perform key roles in its spread and the provision of instruction systems.

Nurturing Healthy Young Bodies and Minds

The importance of the nurturing environment for the young has been brought into sharp focus by the large numbers of young people who cannot function well in society due to mental issues, and a number of tragic incidents. What kind of environment is needed for young people to develop a firm sense of self and grow up healthy and strong? Sport has a big role to play in making such growth possible.

In the case of sport, the first priority is that the sport itself must be interesting and fun to do. The roots of this are found in the spirit of play. Sport is also an emotional, fulfilling experience that, in due course, fosters friendship and the sense of connectedness with others. The desire to be stronger and more skillful teaches the importance of dedication and nurtures the powers of perseverance.

Junior sport clubs members grow up together in an environment where social skills and mutual cooperation are required, developing both richer sensitivity and self-discipline in the process.

The clubs that nurture such powers do so within the group ethos of community life. These junior sport clubs activities give the young ideal opportunities to develop in both body and mind.

Domestic Exchange	56th National Junior Sport Program	● Ibaraki Prefecture ● Thurs. 2nd – Sun. 5th August, 2018 ● 205 participants
	40th National Junior Sport Clubs Rubber Baseball Friendship Tournament	● Nagasaki Prefecture ● Sat. 28th – Sun. 31st July, 2018 ● 239 participants
	41st National Junior Sport Clubs Kendo Friendship Tournament	● Yamaguchi Prefecture ● Wed. 27th – Fri. 29th March, 2019 ● 381 participants
	16th National Junior Sport Clubs Volleyball Friendship Tournament	● Oita Prefecture ● Thurs. 28th – Sun. 31st March, 2019 ● 759 participants
International Exchange	45th Japan-Germany Junior Sport Clubs Friendship Exchange	● Tues. 31st July – Fri. 17th August, 2018 ● 90 participants sent from Japan ● Tues. 24th July – Thurs. 9th August, 2018 ● 122 participants received from Germany
	2018 Japan-Germany Junior Instructors' Seminar	● Sun. 7th – Sat. 20th October, 2018 ● 7 participants sent from Japan ● Sat. 3rd – Thurs. 15th November, 2018 ● 7 participants received from Germany
	2018 Japan-China Junior Sport Clubs Friendship Exchange in China	● Sun. 5th – Sat. 11th August, 2018 ● 20 participants sent from Japan
	2018 Japan-China Junior Sport Clubs Instructors' Friendship Exchange in China	● Fri. 19th – Sun. 28th October, 2018 ● 5 participants sent from Japan





Supporting the Growth of Comprehensive Community Sport Clubs



Nurturing Comprehensive Community Sport Clubs

Comprehensive Community Sport Clubs (comprehensive clubs) are defined by the Ministry of Education, Culture, Sports, Science and Technology in the Basic Plan for Sport of 2012 as “multi-disciplinary, multi-generational, multi-purpose sport clubs that provide sporting opportunities to ordinary citizens according to their age, interest, technical ability etc.”

The JSPO began nurturing such clubs in model districts on the foundations of Junior Sport Clubs in the 1997 fiscal year. Today, the creation of comprehensive clubs, activities to promote their self-sufficiency, and the appointment of managers are furthered with assistance from the Japan Sport Council's Sports Promotion Lottery (toto/BIG).

The Nationwide Council for Comprehensive Community Sport Clubs (SC Nationwide Network) was established within the JSPO in the 2008 fiscal year as a place for



the sharing of information and exchanges to promote the foundation, development and good management of the comprehensive clubs.

At the prefectural level, Comprehensive



Community Sport Clubs Coordinating Committees (prefectural committees) in all 47 prefectures of Japan now belong to the SC Nationwide Network, and 2,769 comprehensive clubs have joined it.



Building Rich Communities through Sport

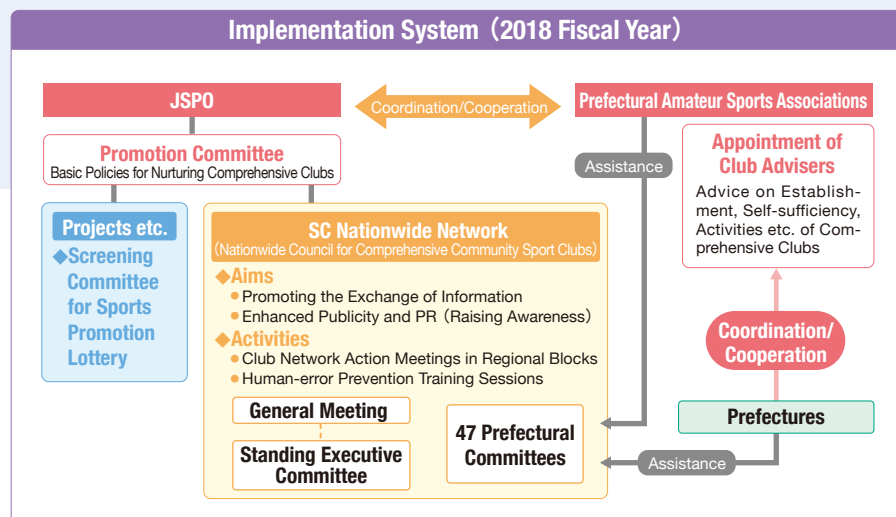
The JSPO promotes these clubs under the 2018 Plan for Nurturing Comprehensive Community Sport Clubs (2018 Nurturing Plan) adopted and promulgated in the 2017 fiscal year. The 2018 Nurturing Plan is based on the guiding principle of building rich communities through sport and presents the basic approaches and tangible measures required to achieve this.

In the 2018 fiscal year, the JSPO commissioned and appointed 21 club advisers (in 21 prefectures) to coordinate every step of the way from the establishment of comprehensive clubs to self-sufficiency and activities in close contact and cooperation with the Prefectural Amateur Sports Associations in order to enhance and strengthen the work of the comprehensive clubs.

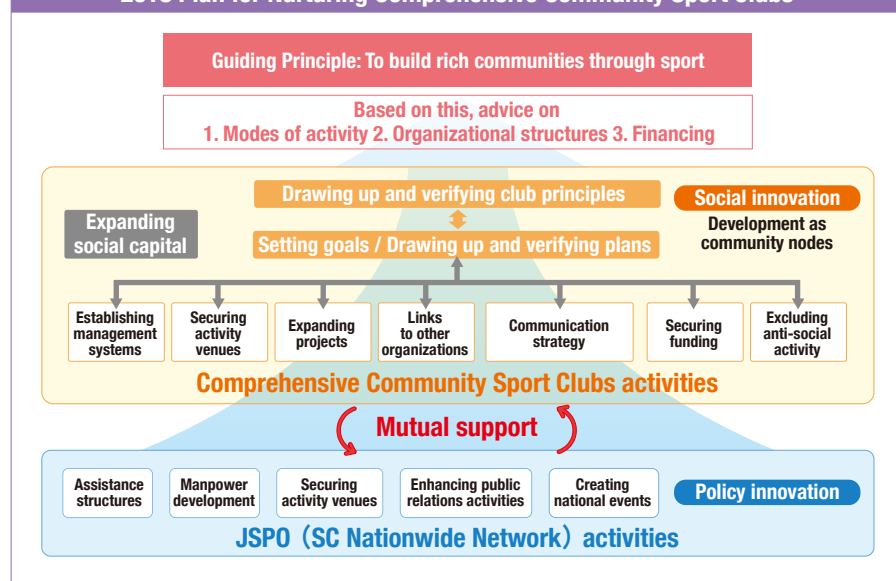
To reinforce the network further, club staffs also meet together at Club Network Action Meetings in nine regional blocks to share every kind of information and seek solutions to issues which arise in club establishment and management.

Assistance is also provided by the Japan Sport Council's Sports Promotion Lottery (toto/BIG). In the 2018 fiscal year, this consisted of support to found 8 new clubs, help 47 clubs become self-sufficient, and employ managers at 43 clubs. In addition, a system for the registration and certification of comprehensive clubs has been under consideration at every level since the 2015 fiscal year.

The vigorous work of promoting the network will continue as laid down in the 2018 Nurturing Plan in close coordination with the SC Nationwide Network and through the exchange of information between comprehensive clubs, exchange activities between clubs, etc.



2018 Plan for Nurturing Comprehensive Community Sport Clubs



All the Practical Information!

Information is posted on the website

<http://www.japan-sports.or.jp/local/>

Details of activities are shown on the Comprehensive Community Sport Clubs page of the official JSPO website. Features include the Club Management Q&A (SC Station) and useful Publications, Publicity Materials and Management Tools.

*SC = Sport Club

Information via the Official E-mail Magazine

The e-mail magazine is currently sent to 6,335 recipients engaged with comprehensive clubs, distributing the useful information that clubs might have trouble collecting for themselves from club nurturing and assistance issues to examples of the latest initiatives.

The content is targeted at achieving the goals of the 2018 Nurturing Plan.





The player-centered approach that nurtures instructors who keep on learning and helping players to grow

The Certified Sports Instructor

The JSPO has established training systems for official sport instructors in accordance with the concepts explained below and, working closely with the National Sports Federations and Prefectural Amateur Sports Associations, nurtured and licensed sports instructors since 1965. 16 sports instructor qualifications are awarded in 5 categories.

The JSPO and member associations nurture certified sports instructors with the skills to promote appropriate sporting activities for people at every stage of life, helping build a better society by supporting everyone's basic right to enjoy the riches of sporting culture.

Numbers of Certified Sports Instructors (As of 1st October, 2018)

Category	Type of Qualification	Number of Instructors	
Basic qualifications of Sports instructors	Sports Leader	372,420	
Qualifications of instructors per competition	Coach 1	114,005	156,181
	Coach 2	11,924	
	Coach 3	19,634	
	Coach 4	6,174	
	Instructor 1	3,234	
	Instructor 2	1,210	
Medical conditioning qualifications	Sports Doctor	6,092	10,577
	Sports Dentist	351	
	Athletic Trainer	3,825	
	Sports Dietitian	309	
Fitness regime qualifications	Fitness Trainer	433	8,252
	Sports Programmer	3,391	
	Junior Sports Coach	4,428	
Sports Management qualifications	Assistant Club Manager	5,575	5,972
	Club Manager	397	
Total		553,402	



qualification has also been added.

● Changes to the curriculum and implementation of joint training

● Joint training for all instructors

■ Introduction of the model core curriculum for nurturing coaches

■ Active learning training sessions for all coaches led by coach developers

■ Introduction of e-Learning and post-training

● Special Subjects (Qualifications of instructors per competition)

■ Changes to curriculum hours



● Basic qualification of sports instructors : Sports Leader

● Qualifications of instructors per competition: Coach 1~4, Instructor 1~2

● Medical conditioning qualifications: Sports Doctor, Sports Dentist, Athletic Trainer, and Sports Dietitian

● Fitness regime qualifications: Fitness Trainer, Sports Programmer, and Junior Sports Coach

● Sports Management qualifications: Assistant Club Manager, and Club Manager

The Key Concepts for Nurturing Certified Sports Instructors

The certification of sports instructors is rooted in the following key concepts:

[Player-centered Approach] The players' entourage must support the players and provide for their well-being.

[Human Resources] This refers to the ways of thinking and judgment that give shape to good coaching (the coaching principles and philosophy) and, based on those principles and their philosophy, the attitudes and behaviors towards self and others needed to express them well. By reinforcing this human resources, we seek to expunge unethical behavior from sports instruction.

[Implementation Capacities] The model core curriculum showing educational goals and guidelines (content, goals and hours) have been introduced to ensure coaches acquire the skills they need to coach well.

[Continuous Learning] By providing the environments for continuous learning, coaches are nurtured with the skills to support diverse sporting activities appropriate to each stage in life.

Revision of the Certified Sports Instructor System

The Certified Sports Instructor System was revised in April, 2019 in response to changes in society, diversification of sport-related values, and public scandals relating to the use of violence and other unethical behavior by sports instructors.

● Changes to the names of Sport Specific Instructor Qualifications: Instructor → Coach 1, Senior Instructor → Coach 2, Coach → Coach 3, Senior Coach → Coach 4. A new Start Coach

Certified Sports Instructor Matching

A special website, Certified Sports Instructor Matching, was launched in March, 2019, to match certified sports instructors with schools and other organizations which are looking for qualified instructors.

Organizations seeking certified sports instructors can use the site to search and advertise for them. The website is positioned especially as a service that helps solve the problems faced by school sports clubs by matching needs.

Why not entrust sports instruction to the experts?



Research Projects from Sport Medicine and Science for Promoting sport in Japan

Dissemination and Awareness of the Active Child Program

The Active Child Program (ACP) has been developed as an instruction method to encourage children to exercise actively while having fun. The program explains the importance of physical activity in children and introduces physical activity programs and approaches of getting accustomed to physical activity.

In the 2018 fiscal year, in order to disseminate and promote awareness of the program still further in sports coaching facilities:

- ① The Active Child Program was newly revised by the addition of fresh content etc.
- ② Dissemination and awareness activities were added to existing JSPO operations.
- ③ New arrangements were made to gather



results and feedback from ACP events.

* Refer to the ACP pages of the JSPO website for the Guidebook, video content etc.

Create the Successful Aging Program for Sport and Exercise Habits (Year 3)

The purpose of this project is to produce foundational materials for promotion of the comprehensive activity for health through enlightenment of each one of “Sport for All” through categorizing the features of diverse sport and exercises, and analyzing from sport medicine and science. In the 2018 fiscal year, we researched for current issues of the comprehensive community sport clubs and prepared a book to promote “Successful Aging”.

Research on consideration and treatment for sexual minorities (e.g., LGBT) in Sport (Year 2)

The purpose of this research is to prepare leaflets and to give back to the society widely in order to secure the place for consideration and treatment for sexual minorities (e.g., LGBT) in sport and exercise through visualizing the problems and analysis measures based on current issues. In the 2018 fiscal year, we clarified issues which arise in physical education and sport,



and Knowledge and Needs for consideration and treatment for sexual minorities through analysis the results of three researches; 1) Questionnaires to Authorized Sports instructor, 2) Questionnaires and Hearings to JSPO Affiliated Organizations, 3) Hearings to experts in sexual minorities.

Japan-China Cooperative Study on Physical Fitness and Exercise and Lifestyle Habits (Year 2)

The purpose of this research is to compare the physical fitness in Japanese and Chinese populations. It also performs sociological surveys to identify factors relating to sport and exercise that have a bearing on these. In the 2018 fiscal year, we analyzed past survey data and current official Japanese and Chinese domestic statistics, and also studied the impact on the people's health of the decisions to host the 2008

Olympic and Paralympic Games in Beijing, and 2020 Olympic and Paralympic Games in Tokyo.

Medical and Scientific Support Systems for Female Athletes at the National Sports Festival (Year 2)

The purpose of this research is to clarify the issues about female athletes and to establish the appropriate environment and support systems for them in each prefecture. In the 2018 fiscal year, we conducted survey of menstruation of female athletes for appropriate environment. Preparing for the nationwide implementation, test seminars were convened and consideration was given to the most appropriate content and formats for them.

Overview of Tokyo Olympic Strength Tests (Year 1)

JSPO has conducted questionnaires, medical check, and strength tests once every four years from 1964 through 2016 for athletes who participated in the 1964 Tokyo Olympic Games. Since 2005, JSPO has been conducting cooperative research with the Japan Institute of Sports Sciences (JISS). The purpose of this project is to analyze the data collected continuously for a period of over half a century and publicize the results for this research. In the 2018 fiscal year, we organized the data and clarified the influence of the severe physical training in youth and participation in Olympic Games on later health, strength and life thorough comparison with the ordinary population.

Research on Sporting Activity during Child Growth -Constructing for athlete development model- (Year 1)

This project will determine the Japanese version of the athlete development model that shows how sports activities are being developed. We organize and examine models for athletes from Japan and abroad and investigates the situation of junior athletes in Japan. In the 2018 fiscal year, nurturing guidelines for the Japan Association of Athletics Federations were collected as a domestic example in Japan, and that of model programs for young athletes in the United States, Canada, Germany and China, from abroad. Preparations are advancing for surveys of the activities of the Japan Junior Sport Clubs Association and National Federations.



Research on the Prevention of Heatstroke during Sports Activities

The JSPO established the study group of prevention of heatstroke during sports activities in 1991. The study group conducted a comprehensive investigation including a survey on the actual conditions of heatstroke due to sports activities, measurements at various locations where sporting events are held, and a fundamental study on heat regulation during exercise. Based on the results of these studies, the principles of heatstroke prevention were summarized in Japanese as the safeguards for the prevention of heatstroke in 1992. In expectation of enhanced prevention of heatstroke incidents due to sports activities, we

will continue to promote education and the spread of related information in the future.

Promoting Anti-doping Activities

Together with the Japan Anti-Doping Agency (JADA), Japan Pharmaceutical Association and the Prefectural Amateur Sports Associations, we distribute the anti-doping information, produce educational materials concerning the list of anti-doping available medicine, and engage in educational and awareness activities principally for participants at the National Sports Festival. For the representative sport doctor and trainer of the prefecture, the conference organized to exchange information on medical and scientific support systems.

Disseminating and Publishing Research Results

PUBLICATIONS



Let's Play!
The Active
Child Program
from Infancy Up



Let's Play!
The Active
Child Program



The Active Child Program
-Enjoyable Games that Nurture
Children's Bodies and Minds
Published by Baseball Magazine Company



Playmakers for Nurturing
the Playfulness of the Child
-An Introduction to Playful Exercise
Published by Sun Life Kikaku



Jigoro Kano's Lessons for
Contemporary Sport
-A New Vision for Olympic Judo
Published by Minerva Shobo



Sports Nutrition Guide for Elementary
and Junior High School Pupils
Published by Kagawa Nutrition
University Publishing Division



Guidebook for
the Prevention
of Heatstroke during
Sports Activities



Smart Living for
Healthy Aging
Published by
Sun Life Kikaku



Recognition for Contributions to the Dissemination and Promotion of Sport

A system of awards and honors recognizes a broad range of outstanding contributions to sporting development. The categories include services to the development of the National Sports Festival, nurturing of Junior sport clubs, longstanding personal achievement in sport, instruction, and the furtherance of sports medicine and science.

13th Japan Sport Grand Prix

This prize is awarded with the aim of furthering lifelong sport to senior figures whose outstanding sporting records and achievements over many years have moved and encouraged the Japanese people. Ten people were honored in the 13th Japan Sport Grand Prix awards in the 2018 fiscal year.

Recipients of the 13th Japan Sport Grand Prix						
Name	Sex	Age*	Place of Residence	Main Sports	Years of Activity*	Award Category
Motoichi Tasaki	Male	91	Yamagata	Athletics	71	①
Haruko Shiromoto	Female	86	Fukui	Bowling	56	
Susumu Okada	Male	86	Mie	Baseball, Table tennis, Tennis	69	
Masafumi Nakano	Male	83	Hyogo	Soft tennis	70	
Yoshio Kita	Male	86	Nara	Baseball, Handball, Athletics	71	
Toshiko Asakuma	Female	91	Fukuoka	Kyudo	54	
Hiroshi Nakachi	Male	89	Okinawa	Soft volleyball, Soft tennis etc.	78	
Kiyoshi Murata	Male	95	Yamaguchi	Bowling, Ground golf etc.	78	②
Shunsaku Takahira	Male	85	Tokyo	Swimming, Rugby football	52	
Ichi Marumo	Male	89	Nagano	Speed skating	81	③

* Age and years of activity at the time of the award. Categories: ① Many years of achievement in the sport(s) as an individual or member of a group ② World record holder etc. in age group as an individual or member of a group ③ Outstanding achievement in the sport(s) as an individual or member of a group



Awards for JSPO Certified Sports Instructors

These awards are presented to long-serving sport instructors with especially outstanding achievements in promoting people's sports, including nurturing sports instructors and instruction systems, enhancing competitiveness, and developing the certified sports instructor system. 240 people were recognized in the 2018 fiscal year.



Japan Junior Sport Clubs Association Awards

These awards made to municipal junior sport clubs, registered instructors, and retired instructors recognize many years of service and outstanding achievement in the development of junior sport clubs.

Awards in the 2018 fiscal year

Municipal Junior Sport Clubs	62 Municipalities / 30 Prefectures
Registered instructors	136 (43 Prefectures)

* A certificate of appreciation is also presented to retired instructors

21st Prince Chichibu Commemorative Sports Medicine and Science Award

The Prince Chichibu Commemorative Sports Medicine and Science Award has been awarded since 1997 to recognize contributions to Japanese sport in Sports Medicine and Science, fields essential for the advance of sport and sporting competitiveness, on the basis of a fund established using a bequest of the late Prince Chichibu, and with the further aim of commemorating Japan's "Prince of Sport" and his family.



Award for Contributions to the National Sports Festival

This award recognizes those who have made outstanding contributions to sport in Japan through their participation in and

work for the development of the National Sports Festival. 26 people received this award in the 2018 fiscal year.



2018 Awards for Contributions to the National Sports Festival

Organization *	Name	Organization *	Name
Tochigi Sports Association	Hideaki Fujisawa	Hiroshima Sports Association	Morita Kobayashi
Gunma Sports Association	Ryuichi Hasegawa		Shizuyuki Sakaridani
Chiba Sport Association	Noboru Onyama	Okayama Sport Association	Yukihiro Kashiwa
Tokyo Sports Association	Minoru Hirano	Kagawa Sport Association	Yoshihiro Kamei
Yamanashi Sport Association	Naoki Oishi	Tokushima Prefectural Sports Association	Hiroyuki Sogawa
Niigata Sport Association	Masataka Oumomo	Saga Prefecture Sport Association	Tokio Ryu
Nagano Sport Association	Shinichi Ide	Kagoshima Amateur Sports Association	Shinichiro Chomei
Ishikawa Sports Association	Yoshihiro Nikawadori	Japan Gymnastics Association	Yuji Sakuma
Fukui Sport Association	Yoshiki Kuwabara	Japan Sumo Federation	Toshihiro Okuda
Aichi Sports Association	Takuya Ogawa		Saburo Kawaguchi
	Satoru Suzuki	All Japan Judo Federation	Shinobu Sekine
Nara Amateur Sports Association	Takao Hisatomi	All Japan Naginata Federation	Michiko Tamuro
Shimane Amateur Sports Association	Kimie Isobe		Misako Hatase

* Organizational names at the time of the award



21st Award Winners

Outstanding Contribution	● Takashi Kawahara (Chairman, Japanese Society of Clinical Sports Medicine)	
Honourable Mention	<p>Members of the Medicine and Science Support Group for Japan Skating Federation Speed Skating National Team</p> <ul style="list-style-type: none"> ● Jun Yuda, Leader (Chairman, Japan Skating Federation Science Committee / Japan Women's College of Physical Education) ● Hidenobu Kobai (Sporting Injury Prevention and Treatment Center, Aizawa Hospital) ● Taketeru Maegawa (Faculty of Sports and Health Sciences, Fukui University of Technology) ● Kae Yanagisawa (Faculty of Nutritional Science, Sagami Women's University) ● Yuri Obara (Takasaki University of Health and Welfare) ● Narumichi Murakami (MD Sports Support) ● Takafumi Monma (Watanabe Orthopedic Clinic) ● Takeshi Saiki (ELT Health Promotion Inc.) ● Hironari Aoki (Sporting Injury Prevention and Treatment Center, Aizawa Hospital) ● Takashi Fukuda (University of Tsukuba) 	

* Employment positions at the time of the award / Titles omitted

Disseminating Sport Information via Websites and Publications

Publications

You are the future of sport

The pamphlet introduces the JSPO's furtherance activities for sport in Japan and includes reports on the activities of the previous fiscal year for distribution to member associations etc.

Sport Japan

The JSPO news magazine, "Sport Japan," was established in 2012 to support a richer sporting life as the combined and enhanced successor to two earlier publications, "Sports Journal for instructors", and "Sport JUST" for youth sport. It conveys useful training methods and sport-related medical and scientific information, reports on activities around Japan, sport-related news from Japan and abroad, and JSPO activities etc. in a timely manner to sports instructors, Junior Sport Clubs, Comprehensive Community Sport Clubs and others engaged in sporting activity. The magazine is also sold to lovers of sport. (Once every two months, with expanded editions [extra pages] twice a year/Called "Sports Japan" through March, 2018)

JSPO Sport News and JSPO Fair Play News

These are noticeboard newsletters for elementary and junior high school pupils nationwide.

"JSPO Sport News" picks up high-profile sports to promote interest in and awareness of sport. "JSPO Fair Play News" provides content aimed at encouraging children to think about the Fair Play spirit nurtured through sport. (Published 12 times in the 2018 fiscal year)

Website News

The official website introduces the JSPO's activities and posts the latest news in a timely fashion. Official social media accounts were also launched in the 2018 fiscal year to convey JSPO news promptly and with additional visual content.

Enhancing the Sport Information System

The JSPO operates the Sport Information System as its trunk online system for member associations and others to handle applications for participation in Junior Sport Clubs activities, the National Sports

Festival etc. JSPO coaches hold their own accounts. To improve its operation, work is now proceeding to centralize information management, make the system simpler and more efficient to use, and ensure its security.

Management of the JSPO Archive

The archive contains many important documentary materials that convey the Japanese sports history and also items received from related organizations. The archive is open to the public and you are more than welcome to visit! (* No borrowing is allowed)

Opening Days and Times

Place	JSPO, JAPAN SPORT OLYMPIC SQUARE 12F
Opening days	Monday – Friday every week (Closed on public holidays)
Opening times	10:00-12:00 and 13:00-16:00

* It will be open in August, 2019



Sport Japan



JSPO Sport News



JSPO Fair Play News



<http://www.japan-sports.or.jp/>



<https://www.facebook.com/JSPO-Association/>



twitter (https://twitter.com/JSPO_official)

Fair Play Campaign for a Vibrant Japan

Fair Play Campaign for a Vibrant Japan

The JSPO implements the Fair Play Campaign for a Vibrant Japan to enhance the worth of sport in Japanese society and give Japan vitality through sport.

The campaign motto for enlivening Japanese society is “Akushu, Aisatsu, Arigato” – “Handshakes, Greetings, Gratitude.”

Targeting a Million Fair Play Declaration

Convinced that the Fair Play spirit nurtured through sport will foster the people who enliven society and contribute to regional

and national development, we are calling on people who accept the message to make the Fair Play Declaration. Each single action may be only small but together these actions can turn into a mighty flow. The Fair Play Declaration started with only a small number of people but now we are aiming for a million.



Campaign mascots



Seisei-kun



Doudou-chan



Fair Play Declaration

238,758

As of 31st March, 2019

The Two Meanings of Fair Play

Fair Play
Action



Fair Play
Spirit

● Fair Play Action

Fair Play behavior is obeying the rules, respecting your opponents and the match officials, doing your best, modesty in victory, and being gracious in defeat.

● Fair Play Spirit

In both sport and life in general, people are expected to decide what is right or wrong according to their own judgment. The Fair Play spirit refers to the mindset for taking decisions that will withstand self-scrutiny without shame. Fair Play behavior consists of actions that everyone can recognize as good. The Fair Play spirit, conversely, is about your own mind and strictly invisible to others.

Behavior and spirit are, nonetheless, inseparable and, therefore, both essential to enjoyment of the true worth of sport. The Fair Play Campaign for a Vibrant Japan embodies the great goal of instilling the Fair Play Behavior and Spirit widely in everyday life.

Handshakes, Greetings, Gratitude



Excluding Abuse, Connecting Sporting Hearts

Rooting out Abuse from Sport

The JSPO implements various activities to exclude abuse from the world of sport.

Consultation

The JSPO provides a consultation service for queries related to abuse in sport etc. The service is linked to the Japan Sport Law Support and Research Center and member associations of the JSPO to provide the most expert advice.*

The JSPO also investigates issues when necessary and takes measures when abuse is confirmed.

* The JSPO responds to some inquiries itself, as listed below, and introduces the appropriate organizations to go to in other cases.

Outline of the JSPO Consultation Service on Abuse

Consultations handled by the JSPO

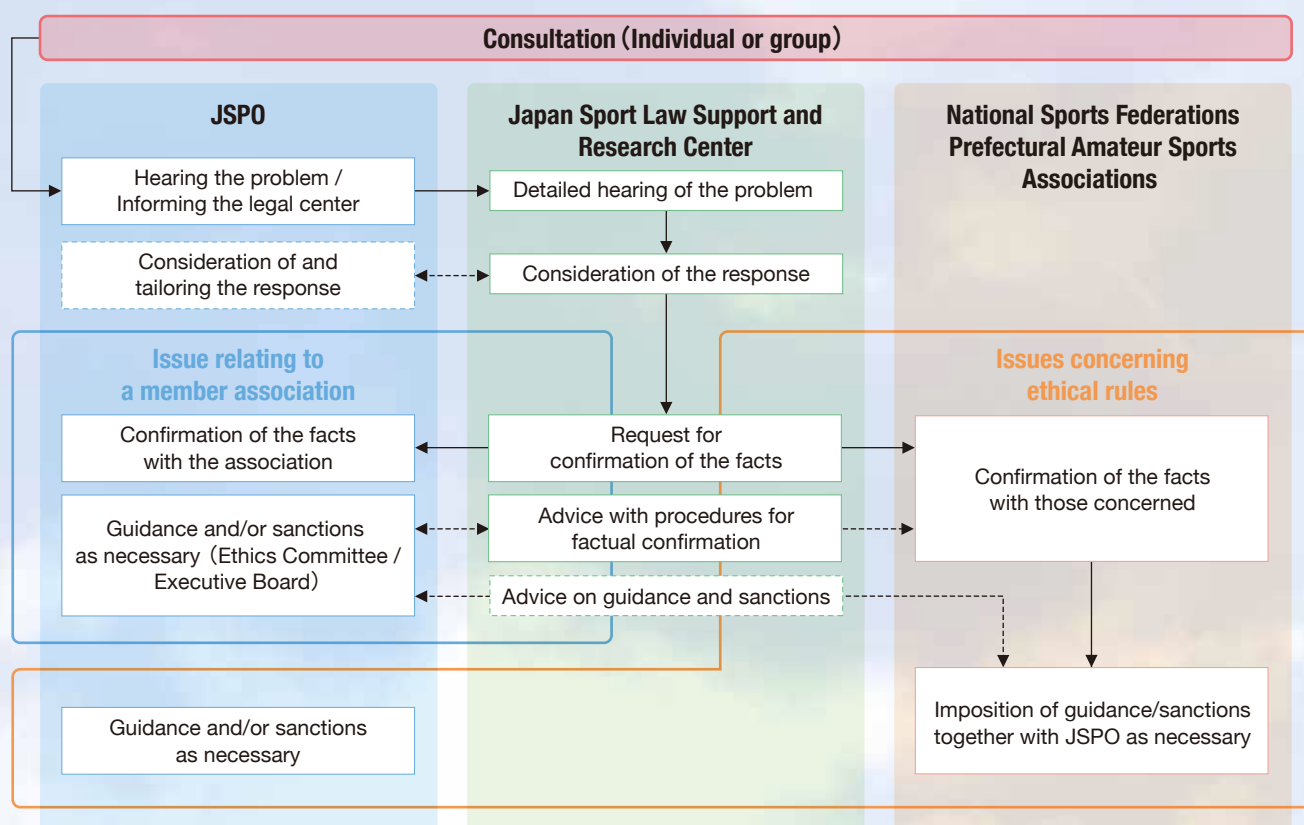
Ethical Issues

- ① Behavior as described in Article 4 of the Ethical Rules
- ② Issues concerning persons as described in Article 2 of the Ethical Rules
- ③ Inquiries from persons and persons connected to them etc. as laid down in Article 2 of the Ethical Rules

Member Associations

- ① Items as described in Articles 6,7,8 and 12 of the Rules for Member Associations
- ② Issues concerning organizations with full or associate membership of the JSPO
- ③ Inquiries from organizations with full or associate membership of the JSPO

Consultation Flow by Category



Enhancing Integrity in Sport

The JSPO held its first executive seminar for member associations on the theme of strengthening governance and reinforcing compliance at sport organizations to enhance the integrity of the whole Japanese sports world in the 2018 fiscal year. The seminars will continue with the aim of improving sporting integrity, including rooting out abuse from sport.



Declaration on the Elimination of Violence in Sports

Many in our modern society enjoy sports, whether they are playing, watching or cheering for their players or teams. Sports has taken on an even more important mission in the 21st century: as an activity that nurtures bonds between people, sports is helping to ensure fairness and prosperity in places where people of different races, ideas and beliefs live together. Through the experience of physical activity, sports also fosters the capacity for sympathy and gives people opportunities to deepen their understanding of other people and the environment. As such, sports is a great help to building our lifestyles in a modern society learning to coexist with the environment. Furthermore, sports grounded in the spirit of fair play and respect for humanity can be a powerful force for building a world of peace and goodwill. Unfortunately, a difficult reality has emerged in the world of sports in Japan: acts of violence that have sullied sports values and threatened the mission of sports. Violence infringes on the rights of those participating in sports, turns people away from sports, and erodes the transparency, fairness and impartiality of sports. Violence in sports is shameful conduct that denies human dignity, destroys trust between player and coach and between players, and threatens the very existence of sports. Violence must be eliminated from sports to protect those sports that people love and make a better sports reality in the future. It is the great duty of coaches, players and sports associations and organizations to protect sports values and fulfill the mission of sports in the 21st century by eliminating violence. In light of this, the signing organizations declare their intent to eliminate violence in sports as below.

1 Coaches

- Coaches shall be aware that sports is a valuable cultural asset for humans and that violence is contrary to sports values, infringes on human rights and takes away the opportunity for sports, which is a fundamental right for all people.
- Coaches shall be aware that coercion or forcing obedience by violence does not lead to better athletes or teams, and shall reject the notion that violence is a necessary evil of coaching.
- Coaches shall consider the needs and nature of players, shall foster the ability of players to think and judge for themselves, and shall at all times communicate with players in a relationship of trust.
- Coaches shall foster not only their players' athletic skills, but their all-round development as well, and shall strive to nurture sportspersons with a spirit of fair play to help them take on the mission of sports in the 21st century.

2 Players

- Players and especially athletes shall be aware of sports values, and shall be aware that by respecting and expressing those values, they are autonomous actors in a position to offer people joy, inspiration and excitement and that they embody the universal human cultural asset of sports.

- Players shall endeavor to eliminate violence from sports in a spirit of fair play, respecting their opponents as themselves and not engaging in or tacitly allowing any act of violence.

3 Sports associations and organizations

- Sports associations and organizations have a duty to be aware of the cultural value and mission of sports, to protect the rights and interests of players, to consider the healthy mental and physical development and safety of players, and to work proactively to promote sports. To that purpose, they shall be aware that violence in sports infringes on the rights and interests of players.
- Sports associations and organizations shall endeavor to eliminate violence by ensuring operational transparency and strengthening governance. To that purpose, they shall maintain a system to study the state and causes of violence in their associations and organizations, to establish guidelines, training programs and so on concerning organizational operations and the elimination of violence, to establish consultation services, and so on.

Sports is indispensable to human health and cultural activities. Among its many benefits, it furthers young people's education, maintains and enhances human mental and physical health, gives people a sense of purpose, and promotes interaction among area people. The flourishing of global athletic events like the Olympics and Paralympics demonstrates the potential for international peace and human exchange through sports. The Olympic Charter, moreover, declares that the practice of sport is a human right, and that mutual understanding based on a spirit of fair play can tolerate no violence of any kind. Nonetheless, acts of violence have occurred in sports activities in Japan. Undeniably, there have been times and situations when violence was tacitly approved. We have to take seriously the fact that coaches have sometimes acted violently in the name of rigorous coaching. Then, coaches must recognize the importance of supporting the voluntary activities of their players. They need to fully explain to players the objectives of their training techniques and what benefits players can expect to receive from them. They must also endeavor to make sure that players are able to pursue their sport voluntarily. Thus through this declaration, Japan's coaches, players and sports associations and organizations must work together in a new push to eliminate violence from sports. Those of us living today have a responsibility for the future of sports. Knowing this, we who are concerned with sports must eliminate violence that undermines sports values and teach the virtues of sports as a universal human cultural asset.

* Abridged version

This declaration was adopted unanimously on 25th April, 2013, by sport delegates to a forum called to root abusive behavior out from sport by the five organizations of the Japan Sports Association, Japanese Olympic Committee, Japan Sports Association for the Disabled, All Japan High School Athletic Federation, and Nippon Junior High School Physical Culture Association.

Supporting Reconstruction from the Great East Japan Earthquake

Activity	Outline
The Sports KOKORO Project	<ul style="list-style-type: none"> ● Sending athletes to the stricken areas for “Sports Smile Class” ● Implemented 603 times for 5th grade elementary and 2nd grade junior high school pupils ● Implemented by JSPO in association with the Japanese Olympic Committee, Japan Football Association and Japan Top League Alliance with support from the toto sport promotion lottery
National Sports Festival	<ul style="list-style-type: none"> ● Special measure to permit athletes from affected areas to represent either their home prefecture or the prefecture in which they have taken refuge

Outline of the Sports KOKORO Project

The Sports KOKORO Project* is a joint project of the 4 organizations of the JSPO, Japanese Olympic Committee, Japan Football Association and Japan Top League Alliance created to support the emotional recovery of all children in areas affected by the Great East Japan Earthquake through the combined efforts of the entire Japanese sporting community.

The project is being implemented at 708 elementary and junior high schools in the six prefectures of Aomori, Iwate, Miyagi, Fukushima, Ibaraki and Chiba. In the 2018 fiscal year, athletes visited the elementary and junior high schools as “dream teachers” to lead sports clinics, and their activities were introduced in two editions of the Sports KOKORO Project Newspaper – Spo-koko.

* The Sports KOKORO Project is subsidized by revenues of the toto sport promotion lottery.



Activities in the 2018 Fiscal Year

- 603 Activities
- 15,389 Children
- 198 “Dream Teachers” & Assistants
- 346 Schools

1 Sports Smile Class

Passionate athletes visit elementary and junior high schools in afflicted areas as “dream teachers” to convey a variety of messages to the children through games and talking.

The games are designed to give the children a sense of achievement and appreciation of the importance of teamwork through physical exercise. The talks are an opportunity for the “dream teachers” to tell the children about their own experiences of overcoming adversity, the qualities they needed, and what they have learned from those periods. The “dream teachers” and children exercise and talk with each other to restore the children’s smiles and confidence, and help them realize their own powers and potential.

Aomori Prefecture	34 times at 19 schools	Hachinohe City (24 times/13 schools), Misawa City (5 times/3 schools), Oirase Town (3 times/1 school), Hashikami Town (2 times/2 schools)
Iwate Prefecture	113 times at 76 schools	Miyako City (25 times/17 schools), Ofunato City (19 times/13 schools), Kuji City (20 times/12 schools), Rikuzen Takata City (9 times/6 schools), Kamaishi City (17 times/9 schools), Otsuchi Town (2 times/1 school), Yamada Town (5 times/4 schools), Iwaizumi Town (4 times/4 schools), Tanohata Village (2 times/2 schools), Noda Village (2 times/2 schools), Hirono Town (8 times/6 schools)
Miyagi Prefecture	221 times at 107 schools	Ishinomaki City (48 times/30 schools), Shiogama City (21 times/9 schools), Kesennuma City (29 times/17 schools), Natori City (17 times/7 schools), Tagajo City (12 times/4 schools), Iwanuma City (21 times/6 schools), Higashi Matsushima City (12 times/6 schools), Watari Town (7 times/5 schools), Yamamoto Town (6 times/4 schools), Matsushima Town (4 times/3 schools), Shichigahama Town (13 times/3 schools), Rifu Town (24 times/9 schools), Minami Sanriku Town (4 times/3 schools), Sendai City (3 times/1 school)
Fukushima Prefecture	166 times at 105 schools	Iwaki City (99 times/46 schools), Soma City (16 times/8 schools), Tamura City (14 times/11 schools), Minami Soma City (16 times/14 schools), Kawamata Town (3 times/3 schools), Hirono Town (2 times/2 schools), Tomioka Town (3 times/6 schools), Kawauchi Village (1 time/1 school), Okuma Town (3 times/2 schools), Shinchi Town (4 times/3 schools), Naraha Town (2 times/3 schools), Futaba Town (2 times/3 schools), Namie Town (1 time/1 school), Katsurao Village (1 time/1 school)
Ibaraki Prefecture	63 times at 34 schools	Hitachi City (15 times/7 schools), Takahagi City (3 times/2 schools), Kita Ibaraki City (3 times/3 schools), Hitachinaka City (14 times/7 schools), Kashima City (8 times/4 schools), Kamisu City (10 times/4 schools), Hokota City (5 times/4 schools), Tokai Village (4 times/2 schools), Oarai Town (1 time/1 school)
Chiba Prefecture	6 times at 5 schools	Asahi City (6 times/5 schools)

2 The Sports KOKORO Project Newspaper – Spo-koko

The Sports KOKORO Project Newspaper was issued twice and distributed to elementary and junior high schools, school officials, and boards of education in the regions concerned to publicize the project’s activities.



International Competitions and Cooperation with Sporting Organizations

Cooperation for the 2020 Tokyo Olympic and Paralympic Games

1 Expansion of the Tokyo 2020 Participation Program

The Tokyo Organising Committee of the Olympic and Paralympic Games is promoting the Tokyo 2020 Participation Program to encourage a wide range of people and organizations to join in building momentum towards the games and realize the games' vision and intended legacy.

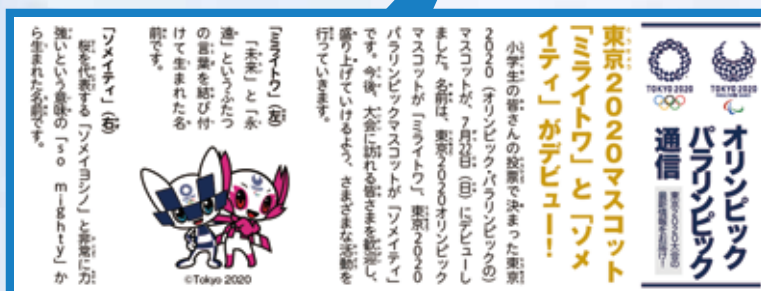
The program was launched with a number of groups and organizations in October, 2016, and expanded to encompass many more on 20th July, 2017. The advantages for approved activities include use of the program's special logo, which is different from the games' emblems, with the purpose of establishing links to the 2020 Tokyo Games, and ties with and between the different regions and across the whole of Japan.

In the 2018 fiscal year, 12 approved activities were implemented and roughly 17,700 people took part.



2 Cooperation with Public Relations Activities

- Inclusion of Tokyo Organising Committee of the Olympic and Paralympic Games News in the JSPO newsletter, Sport Japan. (6 editions published/ included 6 times in the year)
- Inclusion of Olympic/Paralympic News in JSPO Sports News. (12 editions published/ included 8 times in the year)
- Inclusion of details of how to register for the comprehensive sport club e-mail magazine, Tokyo 2020 Mail Magazine. (6 editions published/ included 6 times in the year)



Co-hosting of the World Masters Games 2021 Kansai

The JSPO will co-host the World Masters Games 2021 Kansai held in western part of Japan, Kansai region from 14th – 30th (17 days) May, 2021. The 59 disciplines in 35 sports were decided in the 2018 fiscal year. The aim is to welcome 50,000 participants (30,000 from Japan and 20,000 from abroad). Together with publicity and other activities to build up anticipation for the games, the JSPO is also making steady preparations together organizing committee of the World Masters Games 2021 Kansai, host municipalities and sport associations.

Supporting the Health of Female Athletes

The JSPO seeks to increase understanding of women's health issues not only for top-class athletes but for all women who engage in sport and coordinates closely with the Female Athlete Health Support Committee, an organization established by the JSPO together with the Japan Medical Association, Japan Society of Obstetrics and Gynecology, Japan Association of Obstetricians and Gynecologists, and Japan Enlightenment Committee in Endometriosis. The JSPO also provides training on the effects of monthly periods on conditioning, and of amenorrhea (absence of menstruation) on energy levels etc., in study groups of JSPO-licensed sport doctors, licensed junior sport clubs trainers etc.

Coordination with the Japan International Cooperation Agency (JICA)

The JSPO coordinates with JICA to promote participation in JICA's overseas volunteer programs in the sporting field by recommending holders of official sport instructor qualifications for posts as JICA volunteers and keeping each sport association informed of JICA's activities etc.

Officers and Organization Chart of the Japan Sport Association

The JSPO promotes sport as the umbrella organization for sport in Japan with the aim of building a society where everyone can participate in sport on their own initiative and in the manner they decide for themselves to enjoy the riches of sport culture.

Former Presidents



1st
Jigoro Kano
(1911-21)



2nd
Seiichi Kishi
(1921-33)



3rd
Matahiko Oshima
(1936-37)



4th
Hiroshi Shimomura
(1937-42)



5th
Ryoza Hiranuma
(1946)



6th
Ryotaro Azuma
(1947-58)



7th
Juichi Tsushima
(1959-62)



8th
Mitsujiro Ishii
(1962-75)



9th
Kenzo Kono
(1975-83)



10th
Kenji Fukunaga
(1983-88)



11th
Hanji Aoki
(1989-93)



12th
Sumiko Takahara
(1993-35)



13th
Takayuki Anzai
(1995-2005)



14th
Yoshiro Mori
(2005-11)



15th
Fujio Cho
(2011-17)



16th
Masatoshi Ito
(2017-present)

Council

Board of Directors

General Planning Committee

Finance Committee

Ethical and Compliance Committee

Anti-doping Committee

Affiliation Organization Judgment Committee

Awarding Honors Committee

Branding Strategy Committee

Sport Medicine and Science Research Committee

National Sports Festival Committee

International Exchange Committee

Sports Masters Japan Committee

Women's Sport Committee

Coach Development Committee

Community Sport Clubs Promotion Committee

Ad Hoc Committee

Sports "KOKORO" Project Committee ~Spiritual Care through Sports~

Japan Junior Sport Clubs Association (JJSA)

Secretariat

General
Administration
Department

General Administration
Division

Articles of incorporation and other regulations / Council and Board of Directors / Building management / New building construction / Personnel / Officers etc.

Planning and Coordination
Division

Membership / Awards and honors / Coordination on sport policy / Planning, implementation and evaluation of sport promotion policy

Finance
Department

Finance and Accounting
Division

Budgetary preparation and implementation / Subsidies and donations / Statements / Procurement and contracts / Asset management

Branding
Promotion
Department

Marketing Division

Campaigns / Trademark and symbol management / Marketing for each operating activity / Planning and implementation of sport information systems

Public Relations Division

Planning and implementation of public relations activities / Contact and coordination with news organizations / Newsletter publication etc.

Sport Science Laboratory

Research, surveys and the provision of information relating to sport medicine and science / Anti-doping education and enlightenment activities etc.

Tokyo Olympic and Paralympic Support Office

Support activities relating to the Tokyo Olympic and Paralympic Games

National
Sports
Festival
Department

National Sports Festival
Division

Organization and management of the National Sports Festival / Planning operations and proposals for the National Sports Festival / Coordination with host areas and sport associations

Sport Development and
Support Division

Nurturing, assistance, information gathering etc. for athletes competing in the National Sports Festival etc. / Coordination and cooperation with member associations to nurture competitors

Sport
Promotion
Department

International Affairs
Division

International exchange with neighboring Asian countries and international exchange activities not handled by other departments / Gathering, analysis and distribution of international sporting information

Domestic
Communications Division

Promotion of lifelong sport / Hosting Sports Masters Japan / Cooperation with hosting of sporting ceremonies / Promotion of girls' and women's sport etc.

Coach
Development
Department

Coach Development
Division

Fostering certified sports instructors / Qualification transfers and exemptions / Trainee management / Coordination with member associations etc.

Assisting Coach Activity
Division

Certification, registration and management of certified sports instructors / Organization, implementation and training / Inspection and approval of applied courses / Management of general insurance system for instructors, etc.

Community
Sport Clubs
Promotion
Department

Junior Sport Clubs Division

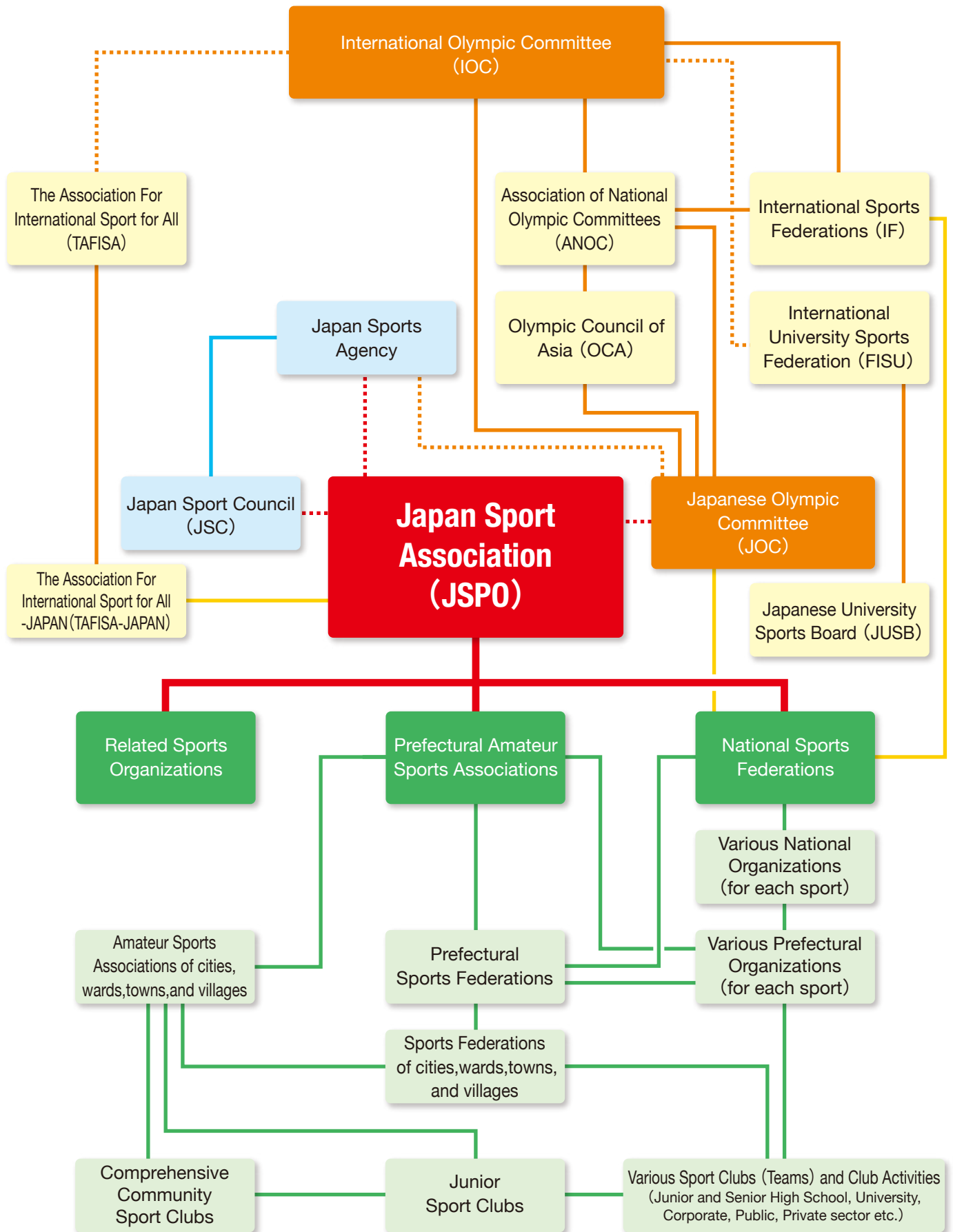
Production of fostering plans for junior sport clubs / Nurturing and training instructors and leaders / Registration / Nurturing organizational structures and training for parent organizations

Community Sport Clubs
Support Division

Support for fostering and activities of community sport clubs / Nurturing advisors to foster community sport clubs / National council of comprehensive community sport clubs / Strengthening the organization and governance of community sport clubs / Information gathering and distribution

The JSP0's Place in Sport

The JSP0 and its member associations promote sport to disseminate lifelong sporting activity and enhance Japan's international sporting competitiveness. We work in close coordination and cooperation with diverse other organizations and provide essential back-up for athletes and instructors.



Member Organizations of the JSPO

The cooperation of National Federations and prefectural sport associations is essential to the success of sport promotion. The close ties the JSPO enjoys with its members is a source of great strength for sporting development. (The list shows the JSPO's members as of 1st April, 2019.)

National Sports Federations (60)

Japan Association of Athletics Federations
Japan Swimming Federation
Japan Football Association
SKI ASSOCIATION OF JAPAN
Japan Tennis Association
Japan Rowing Association
Japan Hockey Association
Japan Boxing Federation
Japan Volleyball Association.
JAPAN GYMNASTICS ASSOCIATION
Japan Basketball Association
JAPAN SKATING FEDERATION
JAPAN WRESTLING FEDERATION
Japan Sailing Federation
Japan Weightlifting Association
Japan Handball Association
Japan Cycling Federation
Japan Soft Tennis Association
JAPAN TABLE TENNIS ASSOCIATION
JAPAN RUBBER BASEBALL ASSOCIATION
Japan Sumo Federation
Japan Equestrian Federation
FEDERATION JAPONAISE D'ESCRIME
ALL JAPAN JUDO FEDERATION
Japan Softball Association
The Nippon Badminton Association
ALL NIPPON KYUDO FEDERATION
National Rifle Association of Japan
All Japan Kendo Federation
Modern Pentathlon Association of Japan
Japan Rugby Football Union
Japan Mountaineering & Sport Climbing Association
Japan Canoe Federation
All Japan Archery Federation
Japan Karatedo Federation
The Japan Ice Hockey Federation
The Japan Amateur Jukendo Federation
Japan Clay Target Shooting Association
All Japan Naginata Federation
Japan Bowling Congress
JAPAN BOBSLEIGH・LUGE AND SKELETON FEDERATION

Japan Amateur Baseball Association
Japan Tug Of War Federation
Shorinji Kempo
JAPAN GATEBALL UNION
JAPAN WUSHU TAIJIQUAN FEDERATION
Japan Golf Association
THE JAPAN CURLING ASSOCIATION
JAPAN POWERLIFTING ASSOCIATION
Japan Orienteering Association
Japan Ground Golf Association
Japan Triathlon Union
JAPAN BOUND TENNIS ASSOCIATION Inc. Foundation
Japan Aerobic Federation
Japan Biathlon Federation
Japan Sports Chanbara Association
Japan Dodge Ball Association
Foundation of Japan Cheerleading Association
Japan Petanque Boules Federation
JAPAN DANCESPORT FEDERATION
All Japan Nippon Kempo Federation

Prefectural Amatetur Sports Associations (47)

Hokkaido Sport Association
Aomori Sport Association
Iwate Sports Association
Miyagi Sport Association
Akita Sport Association
Yamagata Sport Association
Fukushima Sports Association
Ibaraki Amateur Sports Association
Tochigi Sports Association
Gunma Sports Association
Saitama Sport Association
Chiba Sport Association
Tokyo Sports Association
Kanagawa Sports Association
Yamanashi Sport Association
Niigata Sport Association
Nagano Sport Association
Toyama Sports Association
Ishikawa Sports Association
FUKUI Sport Association

Shizuoka Sports Association
Aichi Sports Association
Mie Amateur Sports Association
Gifu Sports Association
Shiga Sport Association
Kyoto Sport Association
Osaka Sport Association
Hyogo Sports Associaion
Nara Amateur Sports Association
Wakayama Sports Association
TOTTORI SPORTS ASSOCIATION
Shimane Amateur Sports Association
Okayama Sport Association
Hiroshima Sports Association
YAMAGUCHI AMATEUR SPORTS ASSOCIATION
Kagawa Sport Association
Tokushima Prefectural Sports Association
Ehime Sport Association
Kochi Sport Association
Fukuoka Sports Association
Saga Prefecture Sport Association
NAGASAKI Prefecture ATHLETIC ASSOCIATION
Kumamoto Sports Association
Oita Prefecture Sports Association
Miyazaki Prefectural Sports Association
Kagoshima Amateur Sports Association
Okinawa Amateur Sports Association

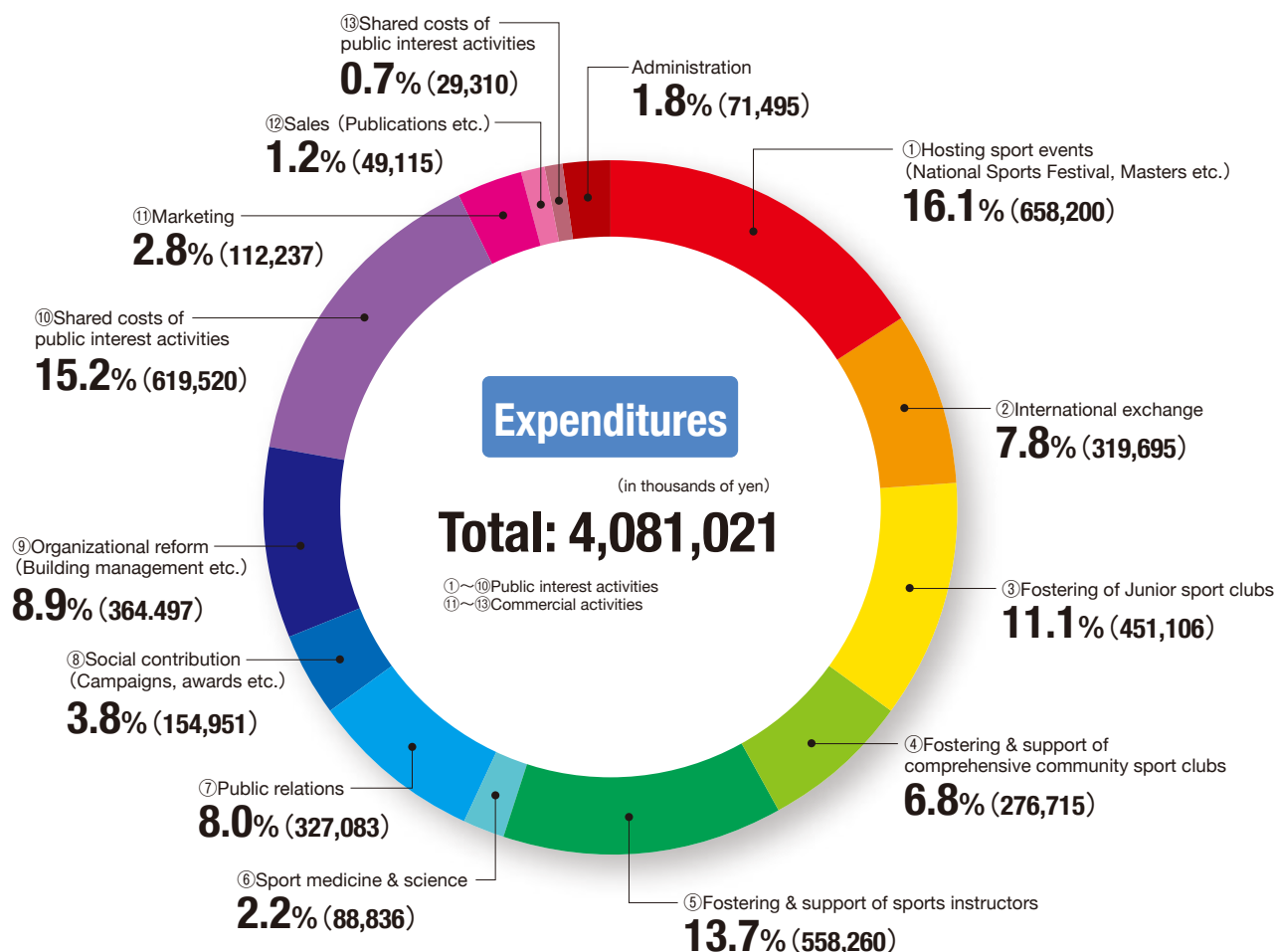
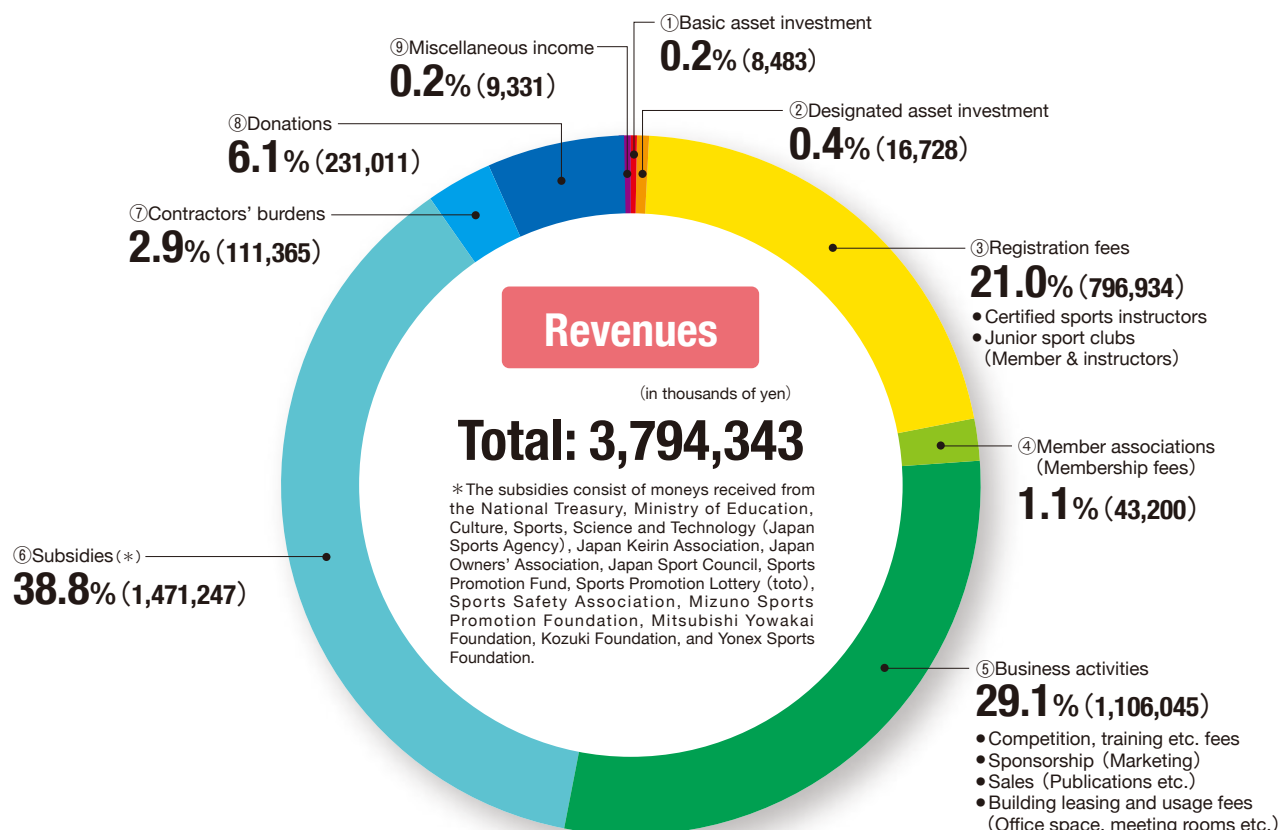
Other Sports Organizations (7)

Japanese Para Sports Association
Nippon Junior High School Physical Culture Association
Japan Sports Arts Association
Japan Association of Physical Education for Women
All Japan High School Athletic Federation
JAPAN SPORTS FACILITIES ASSOCIATION
JAPAN TOP LEAGUE ALLIANCE

Associate Organizations (3)

JAPAN ROLLER SPORTS FEDERATION
JAPAN AMERICAN FOOTBALL ASSOCIATION
Japan Flying Disc Association

JSP0 Revenues and Expenditures in the 2018 Fiscal Year



The JSPO's Registered Marks

The JSPO owns the marks shown below. Member associations, public sector regional organizations etc. may use them free of charge in their sport promotion activities. The marks are also available on a charged basis, as laid down separately, in cases of commercial use. In either case, the JSPO's prior approval is required. Please use these marks in your activities!

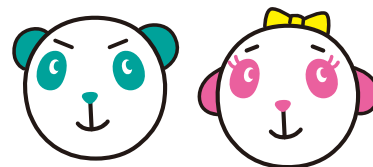
JSPO



Fair Play Campaign



Fair Play Campaign mascot



Junior Sport Clubs



National Sports Festival



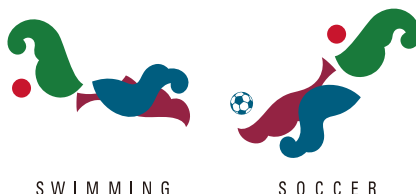
Characters for
National Sports Festival

国民体育大会
国体
NATIONAL SPORTS FESTIVAL

SPORTS MASTERS JAPAN



SPORTS MASTERS JAPAN
Sports (13 kinds)



Characters for
Sports Masters Japan

日本スポーツマスターズ
SPORTS MASTERS JAPAN

Community Sport Clubs (SC)



JSPO OFFICIAL LICENSE



Characters for
Japan Sport Grand Prix

日本スポーツグランプリ

You are the future of sport.
Activities for the 2018 fiscal year

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The JSPO promotes sport with the generous assistance of the following organizations and Sport Active Partner Program partner corporations:

Support Organizations and Partners in the 2018 Fiscal Year



JKA Foundation

- National Sports Festival
- Sports Masters Japan



Japan Owners' Association

- Healthy youth nurturing
- Sport information system management
- Support for National Sports Festival



Japan Sport Council Sport Promotion Fund

- National Junior Sport Program and friendship tournaments in each sport (Rubber baseball, Kendo, Volleyball)



Japan Sport Council Sport Promotion Lottery (toto)

- Establishing Comprehensive Community Sport Clubs
- Furthering self-sufficiency of Comprehensive Community Sport Clubs
- Managers for Comprehensive Community Sport Clubs
- Club Advisors
- Junior Sport Forums
- Club Network Action Meeting in Regional Blocks
- Senior Leader Schools
- Nurturing Club Managers
- Nurturing Athletic Trainers
- Training licensed Junior Sport Clubs trainers
- Nurturing Sport Doctors
- Training youth sport leaders (also licensed trainers)
- Newsmagazine for sports instructors
- Sports news distribution
- Distributing information to Comprehensive Community Sport Clubs
- National Sports Festival doping tests
- Educational and awareness activities for Anti-doping
- Dissemination and promotion of Active Child Program from infancy up
- Supporting Reconstruction from the Great East Japan Earthquake (The Sports KOKORO Project)



Sports Safety Association

- Exchange competitions between Junior Sport Clubs blocks
- Support for Comprehensive Community Sport Clubs



Mizuno Sports Promotion Foundation

- JSPO
- Comprehensive block-based tournaments
- Sports Masters Japan 2018 Sapporo
- Central commemorative Sport Day public holiday events
- Nurturing and activities of Comprehensive Community Sport Clubs
- 2019 national lifelong sport and strength building congress in Tokushima



Mitsubishi Yowakai Foundation

- National Sports Leaders Liaison Conference



Kozuki Foundation

- National Sports Festival
- National Sports Festival Winter Games

Yonex Sports Foundation

- Junior Sport Clubs national sport-specific exchange competitions (Rubber baseball / Volleyball)

2018 Sport Active Partner Program Official Sponsors

Official partners



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